

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) capsules twice daily with water or juice, or as recommended by a healthcare practitioner.

CAUTION: Those with impaired kidney function should avoid creatine supplements.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeExtension®

Creatine Capsules



Provides Energy and
Healthy Muscle Support*

Dietary
Supplement



120 Vegetarian
Capsules

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbyl palmitate)	12 mg	20%
Creatine (from 1000 mg Creapure® creatine monohydrate)	879 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, medium chain triglycerides.

Manufactured for:
Quality Supplements and Vitamins, Inc.
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To report a serious adverse event or obtain product
information, contact 1-866-280-2852.

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