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Omega 3-6-9

Proprietary Blend
with Flax, Fish & Borage Oils

**Promotes
Cardiovascular Health***

Dietary Supplement

**120 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 3 Softgels
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	40	
Calories from Fat	35	
Total Fat	3.5 g	6%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	2 g	***
Monounsaturated Fat	1 g	***
Cholesterol	10 mg	3%
Protein	<1 g	2%**
Triple Omega 3,6,9 Proprietary Blend	3,600 mg (3.6 g)	***
Organic Flaxseed Oil, Fish Oil, Borage Seed Oil		***
Typical Fatty Acid Profile:		
Omega-3		***
1,354 mg of Total Omega-3 Fatty Acids comprising of:		***
Eicosapentaenoic Acid (EPA)		***
Docosahexaenoic Acid (DHA)		***
Alpha-Linolenic Acid (ALA)		***
Other Fatty Acids		***
Omega-6		***
296 mg of Total Omega-6 Fatty Acids comprising of:		***
Linoleic Acid		***
Gamma-Linolenic Acid (GLA)		***
Omega-9		***
266 mg of Total Omega-9 Fatty Acids comprising of:		***
Oleic Acid		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

Directions: For adults, take three (3) softgels daily, preferably with a meal.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Corn, No Grapefruit, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Flaxseed Oil is just one of the three main ingredients that make up this unique formulation, a proprietary blend of nutritional oils designed to help provide nutrients for the well-being of the body.* In addition to our Flaxseed Oil, Omega 3-6-9 contains Borage Oil, a source of gamma-linolenic acid (GLA), and Fish Oil—a source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).* EPA and DHA help maintain healthy circulation.* These oils provide diverse benefits to your overall health.*

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Manufactured by

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ACTUAL SIZE