

**NO ADDED SUGAR • NO PRESERVATIVES • NO ARTIFICIAL INGREDIENTS**  
**GRAIN FREE • GLUTEN FREE • DAIRY FREE**  
 WITH PROBIOTICS, VITAMINS, MINERALS, ANTIOXIDANTS, & DIGESTIVE ENZYMES

**ReNew Life Skinny Gut Ultimate Shake** is a certified organic, plant-based, grain-free, high-protein and fiber shake that combines healthy nutrients into a tasty, satisfying, and convenient drink mix to enjoy anytime!

**Each serving contains:**

- 20 grams Organic, Grain-free Protein from seeds and legumes to help build muscle\*
- 10 grams Probiotic Organic Fiber including acacia fiber to help curb appetite by helping you feel full\*
- 10 billion live Ultimate Flora™ Probiotic cultures providing specifically selected Bifidobacteria and Lactobacillus strains to support healthy gut balance\*
- Organic Fruit & Veggie Antioxidant blend plus vitamins and minerals to nourish cells\*
- Full-spectrum Digestive Enzyme blend to support healthy digestion and help optimize nutrient availability\*
- Low Fat and only 130 calories

ReNew Life Skinny Gut Ultimate Shake provides ingredients for a reduced-calorie program that encourages the reduction of sugar intake along with an increase of protein, fiber, and living, fermented foods to help you balance your digestive system and achieve your ideal weight.



**STRAWBERRY ALMOND CRÈME SMOOTHIE**

1 serving Vanilla Ultimate Shake  
 8 ounces cold unsweetened almond milk  
 ½ cup frozen strawberries

**Directions:** Mix all ingredients in a blender and enjoy!

Formulated by Brenda Watson C.N.C., a leading natural digestive care expert, president of ReNew Life Formulas, and founder of natural healthcare clinics specializing in digestive care.



\*These statements have not been approved by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.**

**VEGAN**



**RENEW LIFE**

**SKINNY GUT**

**ULTIMATE SHAKE**  
 Grain-Free, Plant-Based, High Protein & Fiber Powder

**Natural Vanilla Flavor**

**10 Servings**

NET WT 13.4 oz (380 g)

**20 GRAMS OF PROTEIN** | **10 GRAMS OF FIBER**  
 PER SERVING

**10 BILLION**  
**ULTIMATE FLORA™**  
 Live Probiotic Cultures†

**DIETARY SUPPLEMENT**



**Directions:** Mix 1 level scoop into 10 ounces of cold water or other beverage. Store in a dry place at 77° F (25° C) or below.

**Supplement Facts**

Serving Size: 1 level scoop (38 grams)  
 Servings Per Container: about 10

|                                              | Amount Per Serving | % DV** |
|----------------------------------------------|--------------------|--------|
| Calories                                     | 130                |        |
| Calories from Fat                            | 15                 |        |
| Total Fat                                    | 2 g                | 3%     |
| Trans Fat                                    | 0 g                | ***    |
| Cholesterol                                  | 0 mg               | 0%     |
| Total Carbohydrate                           | 13 g               | 4%     |
| Dietary Fiber                                | 10 g               | 40%    |
| Soluble Fiber                                | 9 g                | ***    |
| Insoluble Fiber                              | 1 g                | ***    |
| Sugars                                       | 0 g                | ***    |
| Protein                                      | 20 g               | 40%    |
| Vitamin A (as beta carotene)                 | 1,500 IU           | 30%    |
| Vitamin C (as ascorbic acid)                 | 18 mg              | 30%    |
| Vitamin D (as cholecalciferol)               | 120 IU             | 30%    |
| Vitamin E                                    | 9 IU               | 30%    |
| (as $\alpha$ -tocopherol succinate)          |                    |        |
| Vitamin K (as phytylquinone)                 | 24 mcg             | 30%    |
| Thiamin (Vitamin B1 as thiamine HCl)         | 0.45 mg            | 30%    |
| Riboflavin (Vitamin B2)                      | 0.51 mg            | 30%    |
| Niacin (Vitamin B3 as niacin, niacinamide)   | 6 mg               | 30%    |
| Vitamin B6 (as pyridoxine HCl)               | 0.6 mg             | 30%    |
| Folic acid                                   | 120 mcg            | 30%    |
| Vitamin B12 (as methylcobalamin)             | 1.8 mcg            | 30%    |
| Biotin                                       | 90 mcg             | 30%    |
| Pantothenic acid (as D-calcium pantothenate) | 3 mg               | 30%    |
| Calcium (as tribasic calcium phosphate)      | 50 mg              | 5%     |
| Iron (as ferrous sulfate)                    | 5.4 mg             | 30%    |

Free of GMOs, wheat, gluten, dairy, animal products, fillers, preservatives, and artificial ingredients.

Quality and Purity Guaranteed  
 Manufactured in a GMP facility,  
 MANUFACTURED IN USA #15813 021014

|                                            | Amount Per Serving | % DV** |
|--------------------------------------------|--------------------|--------|
| Magnesium (as magnesium oxide)             | 20 mg              | 5%     |
| Zinc (as zinc oxide)                       | 4.5 mg             | 30%    |
| Selenium (as L-selenomethionine)           | 21 mcg             | 30%    |
| Manganese (as manganese citrate)           | 0.6 mg             | 30%    |
| Chromium (as nicotinate glycinate chelate) | 36 mcg             | 30%    |

**Organic Protein/Fiber Blend** 36,100 mg \*\*\*

Organic pea, organic natural acacia fiber, organic flax seed, organic hemp seed, organic saccha inchi, guar gum

**Organic Fruit & Veggie Antioxidant Blend** 200 mg \*\*\*

Organic cherry, organic pomegranate, organic raspberry, organic strawberry, organic blueberry, organic cranberry, organic broccoli, organic broccoli sprouts, organic tomato, organic carrot, organic spinach, organic kale, organic stevia extract leaf

**Digestive Support Blend** 80 mg \*\*\*

Ultimate Flora™ Probiotic Blend 10 billion† (Bifidobacterium lactis, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus casei, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium infantis), Digestive Enzyme Blend (protease, pepsin, amylase, cellulase, lipase)

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*\* Daily Value not established.

**Other Ingredients:** Natural flavor, xanthan gum.  
 May contain traces of soy from fermentation ingredients.  
**KEEP OUT OF REACH OF CHILDREN.**

**WARNING:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication, or have a medical condition.

DISTRIBUTED BY:  
 RENEW LIFE FORMULAS®, PALM HARBOR, FL 34683  
**Questions?** Call: 1-800-830-1800  
 Email us at support@renewlife.com or visit us at RenewLife.com

Certified Organic by QAI

† At time of manufacture.  
 Packed by weight, not volume. Contents may settle during shipping and handling.