

JOIN, EARN POINTS
& GET REWARDS



www.movefreerewards.com

See cap sticker for details
Valid for U.S. residents only.

Easier to swallow tablets²

We know that taking big pills every day can be a challenge. That's why we have developed easier to swallow, smaller tablets than other leading joint care brands². Our exclusive state-of-the-art technology allows us to pack the same amount of our powerful ingredients into a smaller tablet, making it easier to take every day for the best possible results.



ACTUAL SIZE

Proud sponsor of the
ARTHRITIS
FOUNDATION®
www.arthritis.org

Move Free® is a Proud Sponsor of the

Arthritis Foundation®. Move Free® is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. Funds from Move Free® are used for cutting-edge scientific research, advocacy and education.

Visit www.movefree.com

²Move Free® Advanced tablets are smaller than other leading joint care products containing the combination of glucosamine and chondroitin.

Schiff
SINCE 1938



Advanced
Plus MSM & Vitamin D3
with Glucosamine + Chondroitin

SUPPORTS
5 SIGNS OF
JOINT
HEALTH

Mobility
Comfort
Strength
Flexibility
Lubrication

PLUS: Extra Bone Support

80 COATED DIETARY
TABLETS SUPPLEMENT 2 PILLS
PER DAY

DIRECTIONS: Adults take two (2) tablets with a meal OR one (1) tablet twice daily with meals.

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 2 Tablets (Servings Per Container 40)		
Calories	5	
Total Carbohydrate	2 g	<1%*
Vitamin D3 (as cholecalciferol)	2000 IU	500%*
Glucosamine Hydrochloride	1.5 g (1500 mg)	†
MSM (methylsulfonylmethane)	750 mg	†
Uniflex (FruiteX-B Calcium Fructoborate)	216 mg	†
Chondroitin Sulfate	200 mg	†
Joint Fluid (Hyaluronic Acid)	3.3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Cellulose, Hydroxypropyl Cellulose, coating (hydroxypropyl methylcellulose, modified cane starch, titanium dioxide, polyethylene glycol, magnesium trisilicate, glycerin), croscarmellose sodium, maltodextrin, magnesium stearate, silicon dioxide.

CONTAINS SUGAR (SUGAR COAT, LUSTRE AND CRYSTALLINE)

Distributed by: Reckitt Benckiser

Parsippany, NJ 07054-0224

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For information call: 1-800-525-6251

www.movefree.com

KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use.

Not suitable for use by anyone under the age of 18 years old.

Protect with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

Chondroitin Sulfate is derived from bovine and porcine sources.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

FruiteX-B® Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B® Calcium Fructoborate is manufactured under US Patent #5,962,049 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.

FruneX-B

HOW DOES MOVE FREE® WORK?

Move Free® Advanced supports 5 signs of joint health: mobility, flexibility, strength, lubrication and comfort so you can do the things you love:

Glucosamine:

Glucosamine is key for the formation of cartilage, an essential building block of your joints. Glucosamine also supports the mobility and flexibility you want in everyday life.⁴

Chondroitin:

Chondroitin is a building block of cartilage that supports joint strength by helping to resist compression in the joint. Chondroitin attracts fluid to your joints to support cushioning and lubrication.⁴

Uniflex®:

Uniflex® is a clinically tested mineral complex that supports joint comfort in as little as 2 weeks.⁵

Joint Fluid (or Hyaluronic Acid):

Hyaluronic Acid is the same molecule found in healthy joint fluid that supports joint lubrication and smooth movement. As we get older, our levels of HA tend to decrease.⁶

Move Free® Advanced Plus MSM & Vitamin D3 also provides extra cartilage and bone support:

Methylsulfonylmethane (MSM):

MSM is a source of sulfur found in the body that is important in the formation of collagen in joints⁷. Collagen is a vital part of your joints because it supports the structure of cartilage.

Vitamin D3:

Vitamin D3 helps maintain healthy levels of Calcium and Magnesium, important minerals that support strong bones⁸. Because joints receive their essential nutrients through their adjoining bones, healthy bones are key for healthy joints.

⁴J Aging Res Clin Pract 2014; 3(4):223-228.

OptiMSM

OptiMSM, the MSM in this product, is a registered trademark of Bargin Nutrition.

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