

Discover Nature's Answer

and trust the Difference...™

> The True Nature of Our Standards go way beyond the herb...™



Since 1972 —

Wild Yam

Dioscorea villosa



Supplement Facts

Serving Size 1 Capsule

Daily Value not established.

Amount Per Serving	
Wild Yam (Dioscorea villosa) Root Extract (standardized for 10% Diosgenin)	200 mg †
Wild Yam (Dioscorea villosa) (root & rhizome)	20 ma †

Other Ingredients: Rice Flour, Vegetable Cellulose (capsule),

Suggested Use: As a dietary supplement, take one (1) capsule daily with food or water.

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Do not use if you are pregnant or nursing. If you are taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner hefore use.

For product information, call (800) 439-2324.

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Store in a cool, dry place.

Dietary Suppleme

Vegetarian Capsules

Vegetarian/Vegan