

JOIN, EARN POINTS & GET REWARDS



[www.movefreerewards.com](http://www.movefreerewards.com)

See cap sticker for details

Valid for U.S. residents only.

### Easy to take pills:

We know that taking big pills every day can be a challenge. With Move Free Ultra® Triple Action, you just need to take 1 tiny pill a day instead of 2 large Glucosamine Chondroitin tablets.

All tablets shown actual size



MOVE FREE  
ULTRA®

VS



GLUCOSAMINE & CHONDROITIN

Proud sponsor of the  
**ARTHRITIS**  
FOUNDATION®  
[www.arthritis.org](http://www.arthritis.org)

Move Free® is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. Funds from MoveFree® are used for cutting-edge scientific research, advocacy and education.

**Schiff**  
SINCE 1936

**Move Free**  
JOINT HEALTH



**ULTRA**

Type II Collagen + Boron + HA

**Triple Action**

Joint  
Cartilage  
Bone



1 TINY PILL A DAY

30 COATED TABLETS DIETARY SUPPLEMENT

**DIRECTIONS:** Adults take one (1) tablet daily.

### Supplement Facts

Serving Size 1 Tablet	Amount Per Serving	% Daily Value
Proprietary Cartilage Blend (cartilage and potassium chloride) (providing undenatured type II collagen)	40 mg	†
Boron (as boron glycinate)	5 mg	†
Hyaluronic Acid	3.3 mg	†

†Daily Value not established.

**Other Ingredients:** microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, silicon dioxide, coating (hydroxypropyl methylcellulose, modified corn starch, mica [color], polyethylene glycol, titanium dioxide, magnesium silicate, glycerin), magnesium stearate

**Distributed by:**  
Reckitt Benckiser  
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07054-0224

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For information call:  
1-800-526-6251  
[www.movefree.com](http://www.movefree.com)



**KEEP OUT OF REACH OF CHILDREN.**

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use.

Not suitable for use by anyone under the age of 18 years old.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

Undenatured Collagen is derived from poultry source.

## HOW DOES MOVE FREE® WORK?

Move Free Ultra® Triple Action promotes joint, cartilage and bone health in just one tiny pill a day for greater freedom of movement.\*

### Type II Collagen

Helps preserve and maintain **cartilage** using the same protein found in healthy cartilage. This unique ingredient works with your immune system to help preserve cartilage.\*

### Hyaluronic Acid (HA)

Hyaluronic Acid is the same molecule found naturally in healthy joint fluid that supports joint lubrication and smooth movement. As we get older, our levels of HA tend to decrease.\*

### Boron

Helps support healthier **bones** by maintaining healthy levels of Vitamin D, Calcium and Magnesium. Because joints receive their essential nutrients through their adjoining bones, healthy bones are key for healthy joints.\*

**Visit [www.movefree.com](http://www.movefree.com)**

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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