

store sealed in a cool dry place

KEEP OUT OF THE REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

**Recommendations**

1-2 capsules a day, or as directed by your healthcare professional.

**Warning**

If pregnant, consult your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING, OR PRESERVATIVES.

MADE IN THE USA



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REV.710



# Selenium

200mcg



DIETARY SUPPLEMENT  
90 CAPSULES

## Supplement Facts

serving size: 1 capsule  
servings per container: 90

	amount per serving	% daily value
Selenium	200mcg (50% as sodium selenite/ 50% as selenomethionine)	286%

Other Ingredients: Silicated Cellulose, Vegetable Cellulose Capsule, and Rice Powder.

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.

manufactured by  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA