

store sealed in a cool dry place

KEEP OUT OF THE REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1-2 capsules a day, or as
directed by your healthcare
professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS,
YEAST, WHEAT, GLUTEN, MILK/DAIRY,
CORN PROTEIN, SOY PROTEIN, EGGS,
SUGAR, HYDROGENATED OIL, ARTIFICIAL
COLORING, ARTIFICIAL FLAVORING,
OR PRESERVATIVES.

MADE IN THE USA



VITAL
NUTRIENTS

Selenium
200mcg

VEG
CAPS



DIETARY SUPPLEMENT
90 CAPSULES

Supplement Facts

serving size: 1 capsule

servings per container: 90

	amount per serving	% daily value
Selenium	200mcg	286%
(50% as sodium selenite/ 50% as selenomethionine)		

Other Ingredients: Silicated Cellulose, Vegetable
Cellulose Capsule, and Rice Powder.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA

