

PRODUCT #01030

DIRECTIONS: As a dietary supplement, take three (3) tablets with breakfast or, for optimal results, take one (1) tablet with each meal. For those who cannot swallow tablets — simply crush tablet(s) and mix powder in juice or food. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and coating. This product contains no dairy, wheat, corn, soy, yeast, sugar, starch or any artificial ingredients. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
PO BOX 34914
SAN ANTONIO, TEXAS 78265
A Division of Inner Health Group, Inc.

Certified by: Rabbi Alan Silver, M.D.
Orthodox Jewish Council



michael's®
naturopathic programs

LNG™

fenugreek • slippery elm bark...
60 vegetarian & kosher tablets
herbal supplement

tried & truthful



Supplement Facts

Serving Size: Three (3) Tablets
Servings Per Container: 20

Amount Per Serving	% Daily Value
Proprietary Blend	3.3 g (3300 mg) *
Fenugreek Seed (<i>Trigonella graecum</i>), Horehound (Aerial Parts) (<i>Marrubium vulgare</i>), Slippery Elm Bark (<i>Ulmus rubra</i>), Mullein Leaf (<i>Verbascum thapsus</i>) and Thyme Leaf (<i>Thymus vulgaris</i>)	

*Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Vegetable Magnesium Stearate, Modified Cellulose Gum, Silicon Dioxide and Natural Glaze.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Consumer Information Services
Voice Mail: 800-845-2730

www.michaelshealth.com

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Scan for product information.

