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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take two (2) capsules daily for individuals weighing up to 160 lbs. Those weighing over 160 lbs., take three (3) to four (4) capsules daily. This product can be taken with or without food, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

#### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Q01699C

# LifeExtension®

## Breast Health Formula



### Helps Maintain Optimal Breast Health\*

Dietary  
Supplement

60 Capsules

#### Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30

| Amount Per Serving                                                                                                                                                                                                 | % Daily Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Vitamin D3 (as cholecalciferol)                                                                                                                                                                                    | 1000 IU 250%  |
| Calcium (as calcium D-glucarate)                                                                                                                                                                                   | 16.5 mg 2%    |
| Iodine (as potassium iodide)                                                                                                                                                                                       | 2 mg 1333%    |
| Isolavones (from Novasoy® soy isoflavone concentrate)                                                                                                                                                              | 35 mg **      |
| <b>Proprietary Cruciferous Vegetable Blend</b>                                                                                                                                                                     | 550 mg **     |
| Broccoli GMO-free Extract (plant and sprouts) [std. to 4% glucosinolates]; Watercress 4:1 extract (whole herb); Sawasabi™ Wasabi powder (rhizome) [std. to 12,000 ppm Total Isothiocyanate]                        |               |
| Indole-3-Carbinol                                                                                                                                                                                                  | 100 mg **     |
| <b>Proprietary Enterolactone Precursors Blend</b>                                                                                                                                                                  | 25 mg **      |
| HMRIlignan™ Norway spruce ( <i>Picea abies</i> ) lignan extract (knot wood) (providing Hydroxymatairesinol potassium acetate complex) and Secoisolariciresinol diglucoside (SDG) [from flax lignan extract (seed)] |               |
| DIM (3,3'-Diindolylmethane)                                                                                                                                                                                        | 14 mg **      |

\*\*Daily Values not established.

**Other ingredients:** rice flour, vegetable cellulose (capsule), ascorbyl palmitate, corn starch, maltodextrin.

*Contains soybeans.*

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
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To report a serious adverse event or obtain product information, contact 1-866-280-2852.