

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take three (3) capsules one to three times daily with food, or as recommended by a healthcare practitioner. Suggested duration of use: start at least 5 days prior to a diagnostic protocol and continue taking until the bottle is complete.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

This ginkgo extract contains the lowest level of ginkgolic acid available, even lower than the stringent 5 ppm German Commission E limit. Ginkgolic acid is an allergen for some people and is present in much higher levels in lower quality products.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Q01919CA



LifeExtension®

X-R Shield



Maintains Cellular Integrity*

Dietary
Supplement

90 Vegetarian
Capsules

Supplement Facts

Serving Size 3 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	% Daily Value
Organic Spirulina powder (providing phycocyanin)	1335 mg **
Lemon balm extract (aerial part)	200 mg **
Ginkgo extract (leaf) [std. to 24% ginkgo flavone glycosides, 6% total terpene lactones, <1ppm ginkgolic acid]	40 mg **

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), rice bran, maltodextrin, silica.

Non-GMO

Manufactured for: **Quality Supplements and Vitamins, Inc.**

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To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.