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and trust
the Difference...™

The True Nature of Our Standards
go way beyond the herb...™



NATURE'S ANSWER

Since 1972

ADVANCED BOTANICAL FINGERPRINT TECHNOLOGY™

Cascara Sagrada

Rhamnus purshiana

850 mg

Discover Nature's Answer™

Dietary Supplement

90 Vegetarian Capsules

Vegetarian/Vegan
Gluten-Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving

Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	850 mg †
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† Daily value not established.

Other Ingredients: Vegetable Cellulose (capsule), Rice Flour, Calcium Silicate.

Suggested Use: As a dietary supplement, take two (2) capsules daily, or as needed with food or water.

CAUTION: This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pains, because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your healthcare practitioner if you have frequent diarrhea, or any other medical condition. Do not use for more than 7-10 days.

WARNING: Keep Out Of Reach Of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

For product information, call (800) 439-2324.

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Store in a cool, dry place.



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