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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule daily with or without food, or as recommended by a healthcare practitioner. May be taken during daytime for stress or before bed to help with sleep.

#### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.



Q01512C

# LifeExtension®

## Bioactive Milk Peptides



### Natural Mood and Sleep Support

Dietary  
Supplement

30 Capsules

#### Supplement Facts

Serving Size 1 Capsule

| Amount Per Capsule                                           | % Daily Value |
|--------------------------------------------------------------|---------------|
| Casein decapeptide <sup>†</sup><br>(Bioactive Milk Peptides) | 150 mg **     |

<sup>†</sup>Daily Value not established.

**Other ingredients:** microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

*Contains milk (casein decapeptide).*

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309

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To report a serious adverse event or obtain product information, contact 1-866-280-2852.



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