

Move Free® is a 2-in-1 Formula

1 Nourishes and Comforts Joints**

Glucosamine

Glucosamine is key for the formation of cartilage, an essential building block of your joints. Glucosamine also supports the mobility and flexibility you want in every day life.*

Chondroitin

is a natural building block of cartilage that supports joint strength by helping to resist compression in the joint. Chondroitin attracts fluid to your joints to support cushioning and lubrication.*



Sometimes it's hard to fall asleep and joint issues can make it even worse.

Move Free® Night is a 2-in-1 formula that nourishes and comforts your joints** PLUS helps you fall asleep fast and sleep well.*

Visit
www.MoveFree.com

2 Helps You Fall Asleep Fast Melatonin,

is a hormone that signals the body to prepare for sleep. It is produced in our bodies, but over time, production can decline. Melatonin is a clinically tested ingredient and taking it at bedtime helps support your body's natural sleep cycles—so you can fall asleep fast, have a restful night's sleep and wake up feeling refreshed*.



Proud sponsor of the
ARTHRITIS FOUNDATION®
www.arthritis.org

Move Free® is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. Funds from Move Free® are used for cutting-edge research, advocacy and education.

JOIN, EARN POINTS & GET REWARDS



www.MoveFreeRewards.com

See cap sticker for details
Valid for U.S. residents only.

Schiff
SINCE 1948

NEW

Move Free®
JOINT HEALTH

NIGHT 
PLUS Melatonin
Glucosamine + Chondroitin

2 IN 1
FORMULA

Nourishes and Comforts Joints**
Helps You Fall Asleep Fast

80 COATED TABLETS | 2 PILLS PER NIGHT | DIETARY SUPPLEMENT

DIRECTIONS: adults (18 years and older) take 2 tablets before bedtime, or as recommended by your health care professional.

Supplement Facts

Serving Size Two (2) Tablets
Servings Per Container 40

	Amount Per Serving	% Daily Value*
Calories	5	
Total Carbohydrate	2 g	<1%
Glucosamine Hydrochloride	1.5 g (1500 mg)	†
Chondroitin Sulfate	200 mg	†
Melatonin	6 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: cellulose, coating (hydroxypropyl methylcellulose, polydextrose, titanium dioxide, magnesium silicate, maltodextrin, medium chain triglycerides, Red 40 Lake, Blue 2 Lake), croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl cellulose
CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER, AND CRAYFISH)
Distributed by: RedKitt BioNcKiser, Parsippany, NJ 07054-0224
© 2015 RB

Questions? Call: 1-800-526-6251
or visit www.movefree.com

HEALTH • HYGIENE • HOME

Chondroitin Sulfate is derived from bovine and porcine sources.

NOTE: Not intended for use by pregnant or nursing women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health care professional prior to use if under medical supervision, on prescribed medication, using tranquilizers or sedatives or taking more than 10mg of melatonin per day, and for long term use of this product. Do not use before or while operating a motor vehicle or heavy machinery. Not to be taken by individuals under the age of 18. Consult a physician for the long-term use of Melatonin.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

KEEP OUT OF REACH OF CHILDREN

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

** with continued use

112414

8180147

