

Looking for an energy boost? This methylated form of B12 easily digests and is quickly absorbed into your body.* Suitable for vegetarians.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, MILK OR SOY
YES	CERTIFIED VEGETARIAN BY THE AVA	NO	SALT OR SUGAR
YES	RECYCLABLE PACKAGING	NO	PRESERVATIVES
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS, SWEETENERS OR FLAVORS
		NO	MAGNESIUM STEARATE
		NO	GMOS

This product has been manufactured at a GMP Registered facility.
Lot No:

Best by:

03C16ML



Dietary Supplement **60** Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

**METHYL
B12**

1000 mcg

Certified Gluten-Free

- Supports energy and stamina*
- Tastes great



Directions: Adults take one (1) lozenge daily and allow to fully dissolve in mouth before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%

Other Ingredients: Xylitol, cellulose, dextrin, L-leucine, natural cherry flavor, organic rebaudioside A, silica.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6300