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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule twice daily, before breakfast and dinner, or as recommended by a healthcare practitioner.

[^]At time of manufacture.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Benegut® is a trademark of Vital Solutions.

ibSium® is a registered trademark of Lesaffre et Compagnie.



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LifeExtension®

Tranquil Tract™



**Support for Intestinal
Regularity and GI Comfort***

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Benegut® perilla extract (leaf) (providing vicenin-2)	150 mg	**
ibSium® probiotic (<i>S. cerevisiae</i>) (2 billion viable organisms) [^]	250 mg	**

^{**}Daily Value not established.

Other Ingredients: maltodextrin, vegetable cellulose (capsule), microcrystalline cellulose, vegetable stearate, silica.

Non-GMO

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.