

Cascara Sagrada

Rhamnus purshiana



Gluten-Free Low Alcohol



Servings Per Container 18

% Daily

Amount Per Serving Value Cascara Sagrada (Rhamnus purshiana) Bark Extract 5.000 mg †

† Daily Value not established.

condition.

Other Ingredients: Purified Water, Vegetable Glycerin, 18-20% Certified Organic

Alcohol Corn Syrup, Licorice Root Extract, Stevia Leaf Extract, Anise Oil, Coriander Seed Oil, Wintergreen Oil. Suggested Use: Shake Well. Keep out of reach of children. Do not use if

pregnant or nursing. Do not use if safety seal is damaged or missing. As a dietary supplement, take (one) 1 teaspoon (5 mL) before bedtime. CAUTION: This product contains cascara sagrada (Rhamnus purshiana). Read and follow directions carefully. Do not use if you develop diarrhea. loose stools and/or abdominal pain, as cascara sagrada may worsen these conditions and be harmful to your health. Do not use if you have gallstones and/or kidney stones. Consult your healthcare practitioner if you have frequent diarrhea, or if you are taking medication or have a medical





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