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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take three (3) capsules in the morning, three (3) capsules in the afternoon and four (4) capsules in the evening daily with meals, or as recommended by a healthcare practitioner.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should obtain a serum 25-hydroxy vitamin D measurement. Do not exceed 10,000 IU per day unless recommended by your healthcare provider. This product is not recommended for individuals with high blood calcium or potassium levels. Because potassium may have numerous drug interactions (most commonly, diuretics and blood pressure medications), consult your healthcare provider before taking this product if you are taking prescription medications and/or have heart or kidney disease. Due to the vitamin K, consult your healthcare provider before taking this product if you are taking anti-platelet or anti-coagulant medications, or have a bleeding disorder.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.



Q01506E

LifeExtension®

Dr. Strum's Intensive Bone Formula



Special Purpose Bone Formula

Dietary
Supplement

300 Capsules

Supplement Facts

Serving Size: 10 Capsules • Servings Per Container: 30

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	8000 IU	2000%
Vitamin K2 (as menaquinone-7)	200 mcg	250%
Calcium [as DimaCal® (Dicalcium Malate)]	800 mg	80%
Magnesium (as magnesium citrate)	400 mg	100%
Zinc (as zinc citrate)	10 mg	67%
Potassium (as potassium citrate supplying 30 milliequivalents potassium)	1173 mg	34%
Winged treebine (<i>Cissus quadrangularis</i>) extract (aerial part) [std. to 10% ketosterones (60 mg)]	600 mg	**
Boron (from boron citrate, aspartate, glycinate)	6 mg	**
Silicon [from standardized Bamboo (<i>Bambusa vulgaris</i>) extract (stem)]	5 mg	**

** Daily Value not established.

Other Ingredients: vegetable cellulose (capsule), vegetable stearate, silica, maltodextrin.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.

DimaCal® is a registered trademark of Albion Laboratories, Inc. Malate is covered by U.S. Patent 6,706,904 and patents pending.