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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) capsules twice daily 15 minutes before meals. Best if taken before meals containing carbohydrates or starches, or as recommended by a healthcare practitioner.

CAUTION: If you are taking blood glucose lowering medication, consult with your healthcare provider before taking this product.

[†]This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Integra-Lean® Irvingia is protected by U.S. Patent No. 7,537,790. Other patents pending. IGOB-131® proprietary extract is a registered trademark of Gateway Health Alliances, Inc. InSea® is a trademark of innoVactiv™. Phase® and Phase® are used under license.



Q01492G

LifeExtension®

Optimized African Mango Irvingia

with Phase 3™ Calorie Control Complex



Supports Weight Management and Metabolic Wellness*†

Dietary
Supplement



120 Vegetarian
Capsules

Supplement Facts

Serving Size 2 Vegetarian Capsules • Servings Per Container: 60

Amount Per Serving	% Daily Value	
Iodine (typical value naturally occurring from kelp and bladderwrack)	25 mcg	17%
Chromium (as Chromium GlycoProtein Matrix)	100 mcg	83%
Integra-Lean® African Mango (<i>Irvingia gabonensis</i>) proprietary extract (seed)	150 mg	**
Calorie Control Complex providing:		
InSea® [proprietary composition of demineralized polyphenols from brown seaweeds kelp and bladderwrack]	125 mg	**
TeaSlender™ Green Tea Phytosome Green Tea Phytosome decaffeinated extract (leaf) containing standardized green tea extract bound to phosphatidylcholine (from lecithin)	150 mg	**
Phase 2® white kidney (bean) extract	445 mg	**
Phase 3™ Sucrase Inhibitor L-Arabinose and Chromium GlycoProtein Matrix (supplying 475 mg L-arabinose and 100 mcg chromium in a food bound state)	550 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), lecithin, gum arabic, stearic acid, silica, vegetable stearate, maltodextrin.
Contains soybeans.

Manufactured for:
Quality Supplements and Vitamins, Inc.
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To report a serious adverse event or obtain product information, contact 1-866-280-2852.