

Pharmaceutical Grade | Guaranteed Purity

NORDIC



NATURALS®

- ✓ **Healthy Heart***
- ✓ **Brain Health***
- ✓ **Optimal Wellness***

Great
lemon
taste!



OMEGA-3

1560 mg Omega-3

Perfect maintenance omega-3 formula
for cognition, heart health, and immune support*

Superior Triglyceride Form



Dietary Supplement | 8 fl oz/237 mL

Supplement Facts

Serving Size: **1 Teaspoon (5 mL)** Servings per bottle: **48**

Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	†
Total Omega-3s	1560 mg	†
EPA (Eicosapentaenoic Acid)	745 mg	†
DHA (Docosahexaenoic Acid)	500 mg	†
Other Omega-3s	315 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Please this container

Rev.F-01

Nordic Naturals Omega-3 offers 1560 mg of omega-3 per serving, far surpassing the expert-recommended dose of 500 mg per day. Adequate omega-3 intake is essential to support good nutrition and overall well-being, including healthy heart and brain function, as well as mood, cognition, and immunity.*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: One teaspoon daily, with food, or as directed by your health care professional or pharmacist.

Do not take if tamper-evident seal is broken or missing

Refrigerate after opening

Best if used within 3 months after opening

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.
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NORDIC NATURALS, INC.
Watsonville, CA 95076
800.662.2544
nordicnaturals.com
nordicnaturals.com/nongmo

