

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, eggs, milk, peanuts, tree nuts, crustacean shellfish or fish. Contains: Soy

Directions: Mix one scoop (included in can) of Organic Soy Protein Powder with at least 8 oz water, juice, or milk (use less liquid for a thicker consistency); or mix with yogurt, smoothies, cereal, or meals as desired.

Our Vanilla Non-GMO Certified **Organic Soy Protein Powder** is made using organic soy protein powder as well as organic natural vanilla flavor.

Soy is an excellent, high quality source of protein great for those looking to easily add plant-based protein to their diet. The World Health Organization has established that when consumed at the recommended level of protein intake, soy protein contains sufficient amounts of all essential amino acids for human needs, and is considered equivalent to animal protein in quality.¹ Soyfoods are the only natural dietary source with a nutritionally relevant level of isoflavones. Research indicates isoflavones from soy promote hormonal and antioxidant balance, and support cardiovascular, bone and menopausal health. The healthy fat in soy also provides Alpha-Linolenic Acid, an omega-3 fatty acid.[†]

Our Ultimate Organics® products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

Our soy protein powder comes from soybeans grown and processed in the USA.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Each serving of Vanilla Non-GMO Certified Organic Soy Protein Powder provides 17 grams of soy protein.

¹ FAO/WHO/UNU Expert Consultation. Energy and Protein Requirements. Geneva: World Health Organization, 1985. (WHO technical report, series 724)

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine	707 mg	Lysine [□]	1,074 mg
Arginine	1,287 mg	Methionine [□]	230 mg
Aspartic Acid	1,934 mg	Phenylalanine [□]	920 mg
Cystine	196 mg	Proline	997 mg
Glutamic Acid	3,264 mg	Serine	861 mg
Glycine	690 mg	Threonine [□]	554 mg
Histidine	426 mg	Tryptophan [□]	213 mg
Isoleucine* [□]	827 mg	Tyrosine	614 mg
Leucine* [□]	1,380 mg	Valine* [□]	827 mg

* Branched Chain Amino Acid

□ Essential Amino Acid

Typical Isoflavone Profile Per Serving of Drink Mix:

Daidzein Compounds:	27 mg
Genistein Compounds:	50 mg
Glycitein Compounds:	3 mg
Total Isoflavones:	80 mg

Notice: Use this product as a food supplement only. DO NOT USE for weight reduction.

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

VCL 956-16M

Vegan
Ultimate Organics®
NON-GMO

ORGANIC SOY PROTEIN POWDER

• Natural Vanilla Flavor •

Supports Bone, Cardiovascular and
Menopausal Health[†]



Dietary Supplement
NET WT 16 OZ (454 g)



Supplement Facts

Serving Size: One scoop (34 g)

Servings Per Container: Approximately 13

Amount Per Serving	% Daily Value*	
Calories	140	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Total Carbohydrate	14 g	5%
Sugars	8 g	**
Protein	17 g	34%
Calcium	60 mg	6%
Iron	1.8 mg	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily Values not established.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Other Ingredients: Organic soy protein isolate, organic cane sugar, organic vanilla flavor.

This product is certified organic by Quality Assurance International (QAI).

956 - ORGANIC SOY - VANILLA