

760541

Store in a cool, dry place, away from direct sunlight.
NOT SOLD IN RETAIL STORES
Available exclusively from GNL Distributors
GNLD International, LLC
Fremont, CA 94538 U.S.A.
Golden Nug-Life Diamite International, Ltd.
Bridgetown, Barbados, W.I.
Kingstown, Jamaica, W.I.
Port of Spain, Trinidad, W.I.
Leading edge nutrition since 1958. www.gnld.com



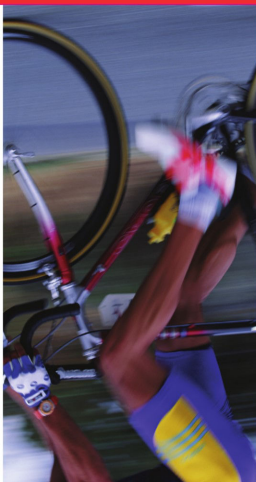
3114S



PERFORMANCE
NUTRITIONALS
Nature • Science



DAILY VITALITY PACK
SPORTS 30



DAILY SUPPLEMENT
30 PACKETTES

Adult Formula
This package for households without
young children († see †† on back panel)

Nutritional assurance for extra active people
With THE-EN-EN® Grain Concentrates
Also with 33% of the DV for iron

DAILY VITALITY PACK
SPORTS 30

PERFORMANCE
NUTRITIONALS
Nature • Science



For your convenience and protection, each day's supply of these important
nutritional supplements is packaged in sanitary, hermetically sealed,
easy-to-carry Packettes. Place your day's supply in pocket, jacket, purse or
briefcase. Make good nutritional insurance a daily habit. Don't forget to
carry an extra supply on your out-of-town trips.

Lipids and sterols provide critical support for the healthy cellular
uptake of nutrients and cellular export of waste and metabolites.*
* This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure, or prevent any disease.

DAILY VITALITY PACK
SPORTS 30

PERFORMANCE
NUTRITIONALS
Nature • Science



PERFORMANCE
NUTRITIONALS
Nature • Science

DAILY VITALITY PACK
SPORTS 30

Supplement Facts

Serving Size 1 Packette
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	25
Calories from fat	18
Total Fat	2 g 3%*
Total Carbohydrate	2 g <1%*
Vitamin A (from retinyl palmitate)	4,000 IU 80%
Vitamin C (as ascorbic acid and from acerola cherry (Malpighia punicifolia)(fruit))	466 mg 777%
Vitamin D (from cholecalciferol)	400 IU 100%
Vitamin E (as d-alpha tocopherol)	110 IU 367%
Thiamin (as thiamine mononitrate and from yeast)	30 mg 2000%
Riboflavin (as riboflavin and from yeast)	30 mg 1765%
Niacin (as niacinamide and from yeast)	200 mg 1000%
Vitamin B6 (as pyridoxine hydrochloride and from yeast)	30 mg 1500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	30 mcg 500%
Biotin	20 mcg 7%
Pantothenic Acid (as calcium pantothenate and from yeast)	62 mg 620%
Calcium (chelated and from dicalcium and tricalcium phosphate)	385 mg 39%
Iron (as ferrous peptonate)	6 mg 33%
Phosphorus (from dicalcium and tricalcium phosphate)	82 mg 8%
Iodine (from kelp)	100 mcg 68%
Magnesium (chelated and as magnesium oxide)	135 mg 34%
Zinc (chelated and as zinc oxide)	30 mg 200%
Selenium (as sodium selenite and from yeast)	200 mcg 285%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese gluconate)	10 mg 500%
Chromium (from chromium yeast and chelated)	100 mcg 83%
Molybdenum (as molybdenum trioxide)	150 mcg 200%
Potassium (as potassium carbonate and as potassium gluconate)	76 mg 2%

†† Federal Regulations require this statement on certain products containing iron.

Amount Per Serving	% Daily Value
Desiccated liver	1000 mg †
Inositol	190 mg †
Choline bitartrate	125 mg †
Rutin	50 mg †
Rosehips (Rosa canina)(fruit)	45 mg †
Lecithin (from soy)	30 mg †
Lemon Bioflavonoid	25 mg †
Hesperidin	25 mg †
Mixed non-alpha tocopherol	20 mg †
Betaine hydrochloride	10 mg †
THE-EN-EN® Grain Concentrate Blend	675 mg †
Rice Bran Oil, Soybean Oil, Wheat Germ Oil	
Neo-Plex Concentrate Blend	84 mg †
Orange Juice powder (Citrus sinensis)(fruit); Orange powder (Citrus sinensis)(peel), Citrus Bioflavonoid	
Phyto Enzyme Blend	45 mg †
Lipase; Protease; Diastase; Amylase	
* Percent Daily values are based on 2,000 calorie diet. † Daily Value not established.	

Other Ingredients: Glycine, stearic acid, microcrystalline cellulose, hydroxypropyl methylcellulose, gelatin, magnesium silicate, powdered cellulose, laminaria digitata, sodium croscarmellose, silicon dioxide, glycerin, food glaze, yellow beeswax, dulse, gum acacia, magnesium stearate, titanium dioxide, water, Irish moss, natural color, wheat germ powder, rice bran powder and riboflavin. Contains milk, soy and wheat.

Each serving of Sports 30 contains GNLD's unique four-factor food supplement, Formula W® Plus including THE-EN-EN® Grain Concentrates with whole grain lipids and sterols, Selenium E with 100% natural mixed tocopherols, Bio B-C enhanced with Neo-Plex Concentrate, biologically bound yeast and with high potency, Threshold Control nutrient release over a 6 hour period, Chela-Sea M with chelated and complexed minerals from sea vegetation, and energy-promoting Liver Plus C with defatted liver.

SUGGESTED USE: 1 Packette daily with breakfast or lunch.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

NUTRITIONAL ASSURANCE

THE-EN-EN® Grain Concentrates
an exclusive blend of whole grain lipid and
sterol extracts from wheat, rice, and soy.



The Scientific Advisory Board seal is your guarantee that GNLD products are researched by highly qualified scientists, developed with a respect for nature and manufactured to the highest standards for purity, potency and consistency.