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Read the entire label and follow the directions carefully prior to use. DIRECTIONS: Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

Advanced Bio-Curcumin® is a patented synergistic blend of curcuminoids with enhanced bioavailability and sustained retention time in the body confirmed by human clinical studies. Each 400 mg of Advanced Bio-Curcumin® is equivalent to 2,772 mg of a typical 95% curcumin extract. Lipid soluble fractions of ginger and turmeric roots are combined to facilitate enhanced absorption.

CAUTION: Do not take if you have gallbladder problems or gallstones. If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, contact your healthcare practitioner before taking this product.

Store tightly closed in a cool, dry place.

## WARNINGS:

- . KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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## **LifeExtension**®

## Advanced **Bio-Curcumin®**

with Ginger & Turmerones



**High Bioavailability Combination** 

Dietary Supplement

30 Softgels

## Supplement Facts

Serving Size 1 Softgel Amount Per Serving

% Daily Value

630 ma \*\*

Turmeric Phospholipid Blend BCM-95® Bio-Curcumin® turmeric 25:1 extract (rhizome) [total curcuminoids complex with

essential oils (380 mg)], Turmeric oil (rhizome) [providing 60 mg total turmerones], Phospholipids Ginger CO<sub>2</sub> extract (root)

[providing 60 mg gingerols]

200 mg \*\*

\*\*Daily Value not established

Other ingredients: gelatin, extra virgin olive oil, soy lecithin, glycerin, purified water, sunflower oil, soy fatty acids, carob color, beeswax. Contains sovbeans.

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information, contact 1-866-280-2852. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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