

DIRECTIONS: Take one capsule once or twice daily, or as directed by your healthcare practitioner.

B Activ™ contains the entire spectrum of B vitamins to support adrenal, neurological, and stress-related functions. It features activated forms of vitamins B2, B6, and B12; benfotiamine, a fat soluble, more physiologically active form of thiamin; and folate as Quatrefolic®, which is proven to have greater stability, solubility, and bioavailability over calcium salt forms of 5-MTHF.*

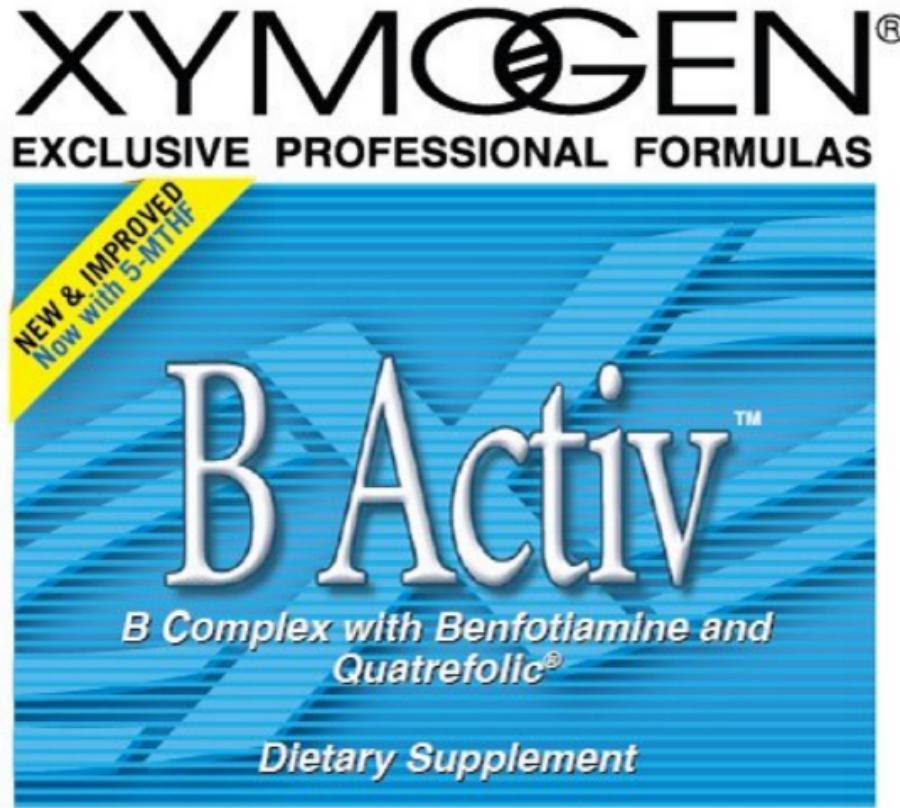
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTIONS: Consult your healthcare practitioner before use. Keep out of reach of children. Avoid if allergic to any ingredient.

STORAGE: Keep tightly closed in a cool, dry place.

DOES NOT CONTAIN: Wheat, gluten, corn protein, yeast, soy, animal or dairy products, artificial colors, sweeteners, or preservatives.

BARCODE



Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 90	Amount Per Serving	% Daily Value
Thiamin (20 mg as thiamine HCl and 20 mg as benfotiamine)	40 mg	2,667%
Riboflavin (as riboflavin-5'-phosphate)	20 mg	1,176%
Niacin (130 mg as niacinamide and 10 mg as niacin)	140 mg	700%
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg	1,000%
Folate (as 5-methyltetrahydrofolate [†])	400 mcg	100%
Vitamin B12 (as methylcobalamin)	400 mcg	6,666%
Biotin	400 mcg	133%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	1,500%
Choline (as choline dihydrogen citrate)	30 mg	**
** Daily Value not established.		

Other Ingredients: Vegetable capsule (HPMC and water), cellulose, silicon dioxide, and magnesium stearate.

Quatrefolic[®] [†] Quatrefolic[®] is a registered trademark of Gnosis S.p.A. Patents Pending.

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