

**Directions:** On an empty stomach, generally 30 minutes before or two hours following a meal, take two capsules one to two times a day, or as directed by your healthcare practitioner.

**Mood Food ES™** combines the same vitamin/mineral co-factors, and amino acids as first generation, Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium further enhance synthesis of chemical messengers that support calmness, a healthy mood, and overall support for a healthy nervous system.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

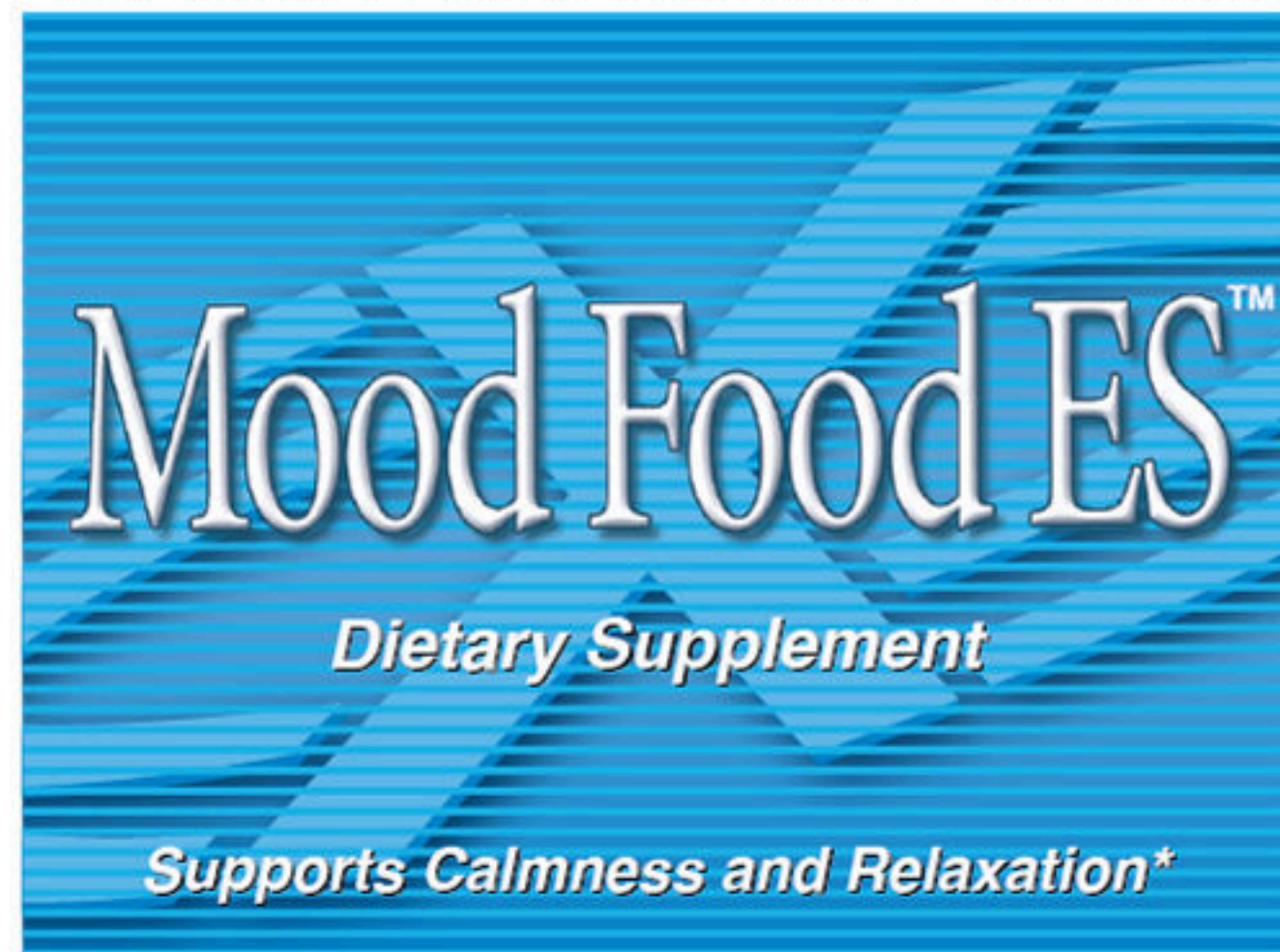
**CAUTION:** Consult with your healthcare practitioner before use, especially if you are pregnant, lactating, under the age of 18, or taking prescription drugs for depression, migraines, Parkinson's and psychiatric disorders. Do not use with other supplements containing L-Tryptophan, 5-HTP, St. John's Wort or SAME. Keep out of reach of children.

**STORAGE:** Keep tightly closed, in a cool dry place.

**DOES NOT CONTAIN:** Wheat, gluten, corn protein, yeast, soy, animal or dairy products, artificial colors, sweeteners, or preservatives.

# XYMOGEN®

## EXCLUSIVE PROFESSIONAL FORMULAS



**Pharmaceutical Grade • Professional Use Only**  
**120 Vegetable Capsules**

## Supplement Facts

Serving Size: 2 Capsules  
 Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	20 mg	33%
Vitamin B6 (as pyridoxal 5' phosphate)	5 mg	250%
Folate (as calcium folinate)	300 mcg	75%
Vitamin B12 (as methylcobalamin)	30 mcg	500%
Magnesium (TRAACS® Magnesium Lysyl Glycinate Chelate)	70 mg	18%
Zinc (TRAACS® Zinc Glycinate Chelate)	3 mg	20%
Selenium (as Selenium Glycinate Complex)	50 mcg	71%
L-Taurine	300 mg	**
L-Theanine (Suntheanine®)	100 mg	**
5-HTP (5-Hydroxytryptophan)	100 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**
** Daily Value (DV) not established.		

**Other Ingredients:** HPMC (capsule), stearic acid, magnesium stearate, and silica.

© XYMOGEN 2011  
 REV. 011811

**Suntheanine®**



This package is completely recyclable

TRAACS is a registered trademark of Albion Laboratories, Inc. Chelates covered by U.S. patent 7,838,042 and patents pending.

Researched, Developed & Distributed by:  
 XYMOGEN® Exclusive Professional Formulas  
 725 S. Kirkman Rd. Orlando, FL 32811  
 www.xymogen.com 800-647-6100