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Store away from heat & light

Keep Out of the Reach of Children

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 1 hour before bed and again at bedtime. May be taken up to 4 times per day for general relaxation. * Best taken between meals.

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SUGGESTED USE

SHAKE WELL BEFORE USING

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)



Relaxing Sleep™

Promotes Relaxation & Restful Sleep*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Certified organic extract blend: 637 mg ⓐ

†

Valerian rhizome with root (*Valeriana officinalis*) ⓐ ⓑ Passionflower
flowering herb (*Passiflora incarnata*) ⓐ ⓑ Hops strobile (*Humulus lupulus*) ⓐ
Chamomile flower (*Matricaria recutita*) ⓐ ⓑ Catnip leaf & flowering top
(*Nepeta cataria*) ⓐ ⓑ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (59-69%), distilled water & certified organic vegetable glycerin. **Non-GMO & Gluten-Free**

ⓐ Certified Organic

ⓑ Fresh (undried)

ⓓ Extraction rate 317 mg fresh herb & 56 mg dry herb per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544

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Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.