TOTAL OMEGA NUTRITION WITH THE TASTE AND TEXTURE OF A DELICIOUS FRUIT SMOOTHIE

The Best of Barlean's

- A Complete and Balanced Source of Omega-3, 6 and 9
- Fresh Pressed Flaxseed and Borage Oil
- 100% Vegetarian Plant-Based DHA
- Proprietary Amplified Absorption™‡ Emulsification Technology
- . No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Delicious Fruit Smoothie Taste & Texture
- Gluten Free, Non-GMO

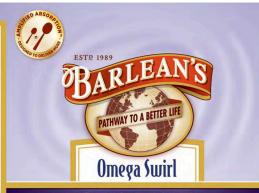
‡ AMPLIFIED ABSORPTION™

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

SUGGESTED USE: 1 - Z Tbsp daily. Child's dosage (4 yrs. and older): Tbsp. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality. SHAKE WELL. Keep out of reach of children. Do not give to pets.



FRESHNESS DATING



TOTAL OMEGAN



Supplement Facts Serving Size 1 Tbsp (15 mL) Servings Per Container 29

Amoun	t Per Serving	% Daily Value	
Calories	60		
Calories from Fat	45		
Total Fat	5 g	8%*	
Saturated Fat	1 g	5%*	
Polyunsaturated Fat	3.5	g t	
Monounsaturated Fat	1 g	1	
Total Carbohydrate	5 g	2%*	
Vitamin E	6 IU	20%	

Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA)	1530 mg			
Docosahexaenoic Acid (DHA)	130 mg	†		
Omega-6 Polyunsaturated Fat:				
inoleic Acid (LA)	1120 mg †			

400 ma

Gamma Linolenic Acid (GLA) Omega-9 Monounsaturated Fat:

800 mg	
	800 mg

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

INGREDIENTS: Total Omega Vegan oil blend (flaxseed oil, borage oil, DHA algal oil, sunflower lecithin, Vitamin E (as d-alpha tocopherol), rosemary extract, and ascorbyl palmitate), water, xylifol, glycerine, gum arabic, natural flavors, vegetable juice, citric acid, xanthan gum, guar gum, and sorbic acid.

life's DHA™ is a trademark of DSM

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

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