



Country Life is passionate about helping you live a healthy, active life.



This extends into the environment we live in and the materials we use in our packaging.



We use 100% recycled paperboard.



RECYCLED
Packaging made from recycled material
FSC® C101987

**PLEASE HELP US IN OUR MISSION;
RECYCLE THIS BOX & BOTTLE AFTER USE.**

Vegan D3

Vitamin D aids in the absorption of calcium, helping to form and maintain strong bones.* This D3 is made from lichen, a plant, a natural source of Vegan D3.

Sunlight is needed for the body to naturally produce D3. However, people who spend a lot of time indoors, or use sunblock, may not produce sufficient levels of this fundamental vitamin. Supplements are needed to help fulfill the daily requirements.

Vitamin D promotes bone and immune health.* The complementary benefits of vitamin D3 with calcium absorption is well known, but did you know that vitamin D3 also helps to support our immune system?*

Up until now, the source of vitamin D3 has been animal sourced, and not suitable for a vegan lifestyle or those who prefer a plant-based vitamin. Country Life now offers Vegan D3 in a 100% plant-derived form.

To further complement your supplement regimen, try Country Life Target-Min's line of calcium and minerals. Available in a range of formulas, potencies, and sizes to best meet your needs.

At Country Life, integrity is our #1 ingredient. Every product is rigorously tested to insure it measures up against Country Life's 5 Integrity Standards: 1) authenticity of ingredients; 2) cleanliness of ingredients; 3) freshness of ingredients; 4) consistency of the formula; and 5) accuracy of labeling.

Go to CountryLifeVitamins.com to learn more.

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Country Life Vegan D3 is a 100% vegan and vegetarian suitable product, registered with the AVA.

It contains Vitashine™, a plant-based Vitamin D made from lichen, a natural source of vegan D3. Country Life is leading the way with this truly unique D3 formula.



CONTAINS
VITASHINE D3™

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED VEGAN BY THE AVA	NO YEAST OR WHEAT
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO SALT OR SUGAR
YES MANUFACTURING SUPPORTS WIND POWER	NO PRESERVATIVES
	NO ARTIFICIAL COLORS
	NO ARTIFICIAL FLAVORS

Vitashine is a trademark of ESB Developments Ltd.

Country Life

ESTABLISHED 1971

• CERTIFIED •

VEGAN D3

5000 I.U.

Certified Gluten-Free

◆ 100% plant-derived D3

◆ Promotes bone and immune health*

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value
Vitamin D (D3) (as cholecalciferol)	5,000 I.U. 1,250%

Other Ingredients: Sunflower oil, d-alpha tocopherol (vitamin E), non-GMO corn starch, carrageenan, vegetable glycerin, sorbitol, purified water.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

See box for Lot. No. and Best By Date information.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Dietary
Supplement

30 Vegan
Softgels

Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 5820
PRODUCT OF USA

