

Country Life's COD LIVER OIL contains 100% of the daily value of Vitamin A as well as Vitamin D3 derived from ethically caught Icelandic and Norwegian Cod. Cod Liver Oil containing Vitamins A and D3 supports immune health as well as strong bones.*** Our Cod Liver Oil is molecularly distilled for purity and third party tested for mercury, lead, PCB's and dioxins.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, CORN OR WHEAT
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS OR FLAVORS
NO ARTIFICIAL SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

11K13NL



COD LIVER OIL

Natural source of
Vitamins A and D3

Certified Gluten-Free

► Supports Immune Health***

Dietary
Supplement

250 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take four (4) softgels daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 softgels
Servings Per Container 62

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	15	
Total Fat	2 g	3%*
Cholesterol	8 mg	3%*
Vitamin A (from cod liver oil)	5,000 I.U.	100%
Vitamin D (D ₃) (from cod liver oil)	540 I.U.	135%
Cod Liver Oil	1,600 mg (1.6 g)	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (cod). 100% bovine gelatin, BSE-free

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com

Product No. 3554
PRODUCT OF USA