TOTAL OMEGA NUTRITION WITH THE TASTE AND TEXTURE OF A DELICIOUS FRUIT SMOOTHIE

The Best of Barlean's

- A Complete and Balanced Source of Omega-3, 6 and 9
- Fresh Pressed Flaxseed and Borage Oil
 Ultra-Purified Fresh Catch® Fish Oil
- Third party laboratory tested free of
- harmful environmental contaminants
- Proprietary Amplified Absorption™‡ Emulsification Technology
- No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Delicious Fruit Smoothie Taste & Texture
- Gluten Free, Non-GMO

‡ AMPLIFIED ABSORPTION™

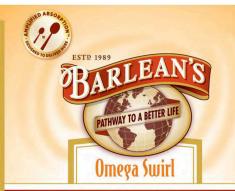
Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

SUGGESTED USE: 1 - 2 Tbsp daily. Child's dosage (4 yrs. and older): 1 Tbsp. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

SHAKE WELL. Keep out of reach of children. Do not give to pets.



FRESHNESS DATING



TOTAL OMEGA



Supplement Facts

Serving Size 1 Tbsp (15 mL) Servings Per Container 29

	Amount Per Serving	% Daily Value
Calories	60	1000 0 100
Calories from Fat	40	
Total Fat	4.5 g	7%*
Saturated Fat	1 g	5%*
Trans Fat	0 g	1
Polyunsaturated Fat	2.5 g	1
Monounsaturated Fat	1 g	1
Cholesterol	15 mg	5%
Total Carbohydrate	5 g	2%*
Vitamin E	6 IU	20%

 Omega > Polyunsaturated Fat:

 Alpha Linolenic Axid (LNA)
 700 mg
 †

 Ecosapentaerioic Axid (EPA)
 365 mg
 †

 Docosalrexaenoic Axid (DHA)
 235 mg
 †

 Other Omega-3 Tathy Axids
 150 mg
 †

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Omega-6 Polyunsaturated Fat:
Linoleic Acid (LA) 530 mg
Gamma Linolenic Acid (GLA) 200 mg

+ Daily Value not established.

beta carotene, and sorbic acid.

Gamma Linolenic Acid (GLA) 200 mg
Omega-9 Monounsaturated Fat:
Dleic Acid 370 mg

INGREDIENTS: Water, total omega oil blend (fish oil (Anchowy, Sardine and/or Mackerel), flaxseed oil, and borage oil), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, antioxidant blend (Yitamini E (as d-alpha tocopherol), canola oil, rosemary extract, and ascorby palmitate).

*Percent Daily Values are based on a 2,000 calorie diet.

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

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