

Vitamin A is an important essential vitamin that supports immune, skin, and eye health.\* As it is derived from fish liver oil, it is third party tested for heavy metals such as mercury to ensure purity and safety.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

|  |                                |
|--|--------------------------------|
| <b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG | <b>NO</b> YEAST, CORN OR WHEAT |
| <b>YES</b> RECYCLABLE PACKAGING              | <b>NO</b> SOY OR MILK          |
| <b>YES</b> MANUFACTURING SUPPORTS WIND POWER | <b>NO</b> SALT OR SUGAR        |
|  | <b>NO</b> PRESERVATIVES        |
|  | <b>NO</b> ARTIFICIAL COLOR     |
|  | <b>NO</b> MAGNESIUM STEARATE   |
|  | <b>NO</b> GMOs                 |

Lot No:

Best by:

01114NL



# VITAMIN A

10,000 I.U.

Certified Gluten-Free

Supports immune, skin and eye health\*



Dietary Supplement **100** Softgels

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) softgel daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 softgel

| Amount Per Serving                                 | % Daily Value |      |
|--|---------------|------|
| Vitamin A (as cod liver oil and retinyl palmitate) | 10,000 I.U.   | 200% |

Other Ingredients: Gelatin, glycerin, purified water, (capsule shell), medium chain triglycerides. Contains fish (cod).

100% bovine gelatin, BSE-free

**CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Not intended for people under the age of 18. Not recommended for people who regularly consume liver. Do not exceed 10,000 I.U. of vitamin A per day. Pregnant women and women of childbearing age, do not exceed 8,000 I.U. of vitamin A per day.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.