

Scan for  
product info

Read the entire label and follow directions carefully prior to use.  
**DIRECTIONS:** Take one (1) capsule once or twice daily on an empty stomach, or as recommended by a healthcare practitioner.

**CAUTION:** Because St. John's Wort may have numerous drug interactions (most commonly, MAOIs and SSRIs) consult your healthcare provider before taking this product if you are taking prescription medications. Avoid prolonged exposure to UV radiation (e.g. sunlight, tanning) when using this product.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



Q01396C

# LifeExtension®

## St. John's Wort Extract Caps

0.3% Hypericin • 300 mg



Supports Mental Well-Being\*

Dietary  
Supplement

60 Vegetarian  
Capsules

### Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
St. John's Wort Extract (whole herb) [std. to 0.3% (0.9 mg) hypericin]	300 mg **

\*\*Daily Value not established.

**Other ingredients:** rice flour, vegetable cellulose (capsule), ascorbyl palmitate.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, Florida 33309  
info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.