Suggested Usage: Take 3 softgels daily with a meal. CLA (Conjugated Linoleic Acid) is a class of fatty acids produced by animals that is naturally found in beef and dairy products. Although CLA plays an important role in a number of cellular metabolic processes, humans are not able to produce CLA and therefore can only obtain it from the diet.\* Since CLA is generally more abundant in grazing animals, changes in agricultural practices have resulted in less CLA in our foods, decreasing its availability in modern diets. Therefore, using a CLA supplement is recommended to obtain desirable levels of CLA for its optimal effects.\* NOW® CLA is derived from Non-GMO Safflower Oil and delivers

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

800 ma CLA per softael.

SIZE

SOFTGEL

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product. CODE 1727B V6





800 mg

**Nutritional Oil** 

From Non-GMO Safflower Oil







## **General Health**

Family owned since 1968.

## **Supplement Facts**

Serving Size 3 Softgels Servings Per Container 30

9 -		
	Amount Per Serving	% Dai Value
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%*
Polyunsaturated Fat	3 g	†
Non-GMO Safflower Oil (Seed)	3 g (3,000 mg)	†
Conjugated Linoleic Acid (CLA)	2.4 g (2,400 mg)	†

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, water, alycerin, organic caramel color). NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

