

Omega Man Vitality Blend

is a proprietary formula that combines pure and fresh lignan flax oil, rare Styrian pumpkin seed oil, phospholipid and phytosterol complexes.

Omega Man provides a synergy of essential Omegas and plant actives absent in multi-vitamins and scarce in today's diet, yet critical for optimal health.*

For Men Interested in...

- Peak Physical Fitness*
- Cellular and Sexual Health*
- Vitality and Longevity*
- Non-GMO

SUGGESTED USE: 1-2 Tbsp. daily. Can be taken straight or mixed into salad dressings, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

SHAKE WELL. Natural settling may occur. Stirring suggested to fully disperse flax particulate. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FRESHNESS DATING



Vitality

OMEGA MAN

SUPPLEMENT

MEN'S HEALTH & VITALITY FORMULA

MADE WITH ORGANIC
LIGNAN FLAXSEED OIL &
STYRIAN PUMPKIN SEED OIL

PHOSPHOLIPID CONCENTRATES
PLANT PHYTOSTEROLS

VEGAN FORMULA

12 fl oz / 355 mL

Supplement Facts

Serving Size 1 Tbsp (15 mL)

Servings Per Container 24

Amount Per Serving	% Daily Value
Calories	120
Calories from Fat	110
Total Fat	13 g 20%*
Saturated Fat	1.5 g 8%*
Polyunsaturated Fat	9 g †
Monounsaturated Fat	2.5 g †

Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA) 5950 mg †

Omega-6 Polyunsaturated Fat:

Linoleic Acid (LA) 1868 mg †

Omega-9 Monounsaturated Fat:

Oleic Acid 1900 mg †

Phospholipid Complex:

Phosphatidylcholine 520 mg †

Plant Phytosterol Complex 154 mg †

Beta Sitosterol 65 mg †

Campesterol 24 mg †

Stigmasterol 24 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Organic flaxseed oil, soy phospholipid concentrates, organic Styrian pumpkin seed oil, organic flaxseed particulate, plant sterols, sunflower oil, rosemary extract, and ascorbic acid.

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

barleans.com

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Barlean's Ferndale, WA 98248

Certified Organic by OAI



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