Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) tablet two to three times daily in divided doses, preferably on an empty stomach, or as recommended by a healthcare practioner. Take with co-factors vitamins B12, B6, and folic acid.

CAUTION: SAMe should not be taken by those diagnosed with bipolar disorder.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
 Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



LifeExtension[®]

SAMe

S-Adenosyl-Methionine 400 mg



Supports Healthy Bones, Joints, and Emotional Well-Being*

Dietary Supplement

50 Enteric Coated

Supplement Facts Servings Size 1 Enteric Coated Tablet

Amount Per Serving % Daily Value S-Adenosyl-Methionine 400 mg **

**Daily Value not established.

Other ingredients: cellulose, mannitol, hydroxypropyl methylcellulose phthalate, citric acid, silica, stearic acid, glyceryl triacetate, sodium starch glycolate, croscarmellose sodium, titanium dioxide, yellow ochre.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product
information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.