

Best when used with Basic Nutrient Support™. Consult your healthcare practitioner before using this product, especially if you have a known medical condition or take any medications.

Ask about receiving free Personal Delivery Service™  
[www.ThePathwayToHealing.com](http://www.ThePathwayToHealing.com)

Contains no preservatives, artificial flavors, or artificial colors.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**PATHWAY**  
Reginald B. Cherry, M.D. *To Healing.*

# Sleep Support†

Dietary Supplement  
60 Capsules



"There is a Pathway to Healing for You." Dr. Cherry



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

| Amount Per Serving                                |         | % DV |
|---------------------------------------------------|---------|------|
| Vitamin D (as cholecalciferol)                    | 200 IU  | 50%  |
| Calcium (as calcium carbonate, calcium citrate)   | 250 mg  | 25%  |
| Magnesium (as magnesium oxide, magnesium citrate) | 125 mg  | 31%  |
| L-Theanine                                        | 150 mg  | *    |
| Valerian root extract                             | 100 mg  | *    |
| Chamomile flower extract                          | 50 mg   | *    |
| Passion flower aerial parts extract               | 40 mg   | *    |
| Hops extract                                      | 20 mg   | *    |
| Melatonin powder                                  | 100 mcg | *    |

\* Daily Value (DV) not established.

**Other ingredients:** Gelatin, microcrystalline cellulose, cellulose powder, silicon dioxide, magnesium stearate, natural vanilla flavor.

**Suggested Use:**  
Recommended for ages 18 and over. For occasional sleeplessness†, take 2 capsules 1 hour before bed time or as directed by your healthcare practitioner.

As with any natural supplement, keep out of reach of children. Not intended for use by children or pregnant or nursing women. While using, do not drive or operate heavy equipment.

Store in a cool, dry place.

Do not use if neck band or foil seal are damaged or missing.

To order or contact us, call:

**1-800-339-5952**

Exclusively manufactured and distributed by:  
Natural Alternatives International  
1185 Linda Vista Drive  
San Marcos, CA 92078