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Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily (morning and evening) with or without food, or as recommended by a healthcare practitioner.

Cyracos® uses a non-selective traditional extraction process preserving the plant's phytochemical synergy.

Store tightly closed in a cool, dry place.

- WARNINGS:
- KEEP OUT OF REACH OF CHILDREN.
 DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
 When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LifeExtension

Natural Stress Relief



Promotes a Healthy Response to Stress*

Dietary Supplement 30 Vegetarian

Supplement Facts Serving Size 1 Vegetarian Capsule

200 mg **

Amount Per Serving % Daily Value
Cyracos® lemon balm extract 300 mg **

Suntheanine® (L-Theanine)

**Daily Value not established.

(aerial part)

Other ingredients: vegetable cellulose (capsule), rice flour, L-leucine.
Non-GMO

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

LifeExtension.com
To report a serious adverse event or obtain product

information, contact 1-866-280-2852.

Suritheanine' is a registered trademark of Taivo International, Inc.

Use of Suntheanine® is protected by US Trademark Registration No. 2,548,957.

cyracos is a registered trademark of Naturex.