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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule four times daily with or without food, or as recommended by a healthcare practitioner.

If using Mitochondrial Energy Optimizer with BioPQQ® or Super Carnosine, only two (2) to three (3) capsules daily are needed to reach the optimal dose of 400 mg daily.

Benfotiamine is the fat soluble form of vitamin B1 clinically tested to offer protection against advanced glycation end products, typically associated with blood glucose irregularities.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



Q00920C

LifeExtension®

Benfotiamine with Thiamine 100 mg



Fat & Water Soluble Vitamin B1

Dietary
Supplement

120 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Thiamine (vitamin B1) (as thiamine HCl)	25 mg	1667%
Benfotiamine	100 mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.