

DIRECTIONS: Take one (1) tablespoon twice daily with or without food, or as recommended by a healthcare practitioner. Shake well before using. Refrigerate after opening.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

WARNINGS

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.
- DO NOT GIVE TO PETS.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeExtension®

Promotes a
Healthy Heart

HIGHLY REFINED FISH OIL

Omega-3

Lemon Whirl



Sensational
Natural
Lemon
Flavor!

Dietary
Supplement

NET WT. 16 oz /454g

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container About 29

Amount Per Serving	% Daily Value
Calories 60	
Calories from Fat 40	
Total Fat 4.5 g	7%†
Saturated Fat 1 g	5%†
Trans Fat 0 g	**
Polyunsaturated fat 1.5 g	**
Monounsaturated fat 1 g	**
Cholesterol 30 mg	10%
Total Carbohydrates 6 g	2%†
Vitamin E 6 IU	20%
Total Omega-3 fatty acids 1,350 mg	**
EPA (eicosapentaenoic acid) 658 mg	**
DHA (docosahexaenoic acid) 422 mg	**
Other Omega-3 fatty acids 270 mg	**

† Percent Daily Value (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: purified water, highly refined fish oil (anchovy, sardine and/or mackerel), xylitol, glycerin, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, turmeric, d-alpha tocopherol, ascorbyl palmitate, essential oil.

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