

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

Q01225G



LifeExtension®

Low-Dose Vitamin K2 Menaquinone-7 (MK-7) 45 mcg



Promotes Arterial Health
and Healthy Bones*

Dietary
Supplement

90 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin K2 (as menaquinone-7)	45 mcg	56%

Other ingredients: medium chain triglycerides, gelatin, glycerin, purified water, beeswax, carob color, olive oil, sunflower oil.

Contains soybeans.

Non-GMO

Manufactured for:

Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain
product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.