

PreRace™ is designed help endurance athletes improve performance. PreRace contains clinically effective doses of Taurine, Citrulline Malate, Quercetin and neuro stimulants that have been shown to stimulate the Nitric Oxide (NO) system, increase cardiac output and improve mental acuity.

References: (for a complete list of references visit www.firstendurance.com)

Citrulline Malate Promotes Aerobic Energy Production in Human Exercising Muscle. Bendahan D, Mattei JP, Ghattas B, Corfont-Gourry S, Le Guen ME, Cozzone PJ. Br J Sports Med. 2002 Aug;36(4):282-289

The influence of a taurine containing drink on cardiac parameters before and after exercise measured by echocardiography. Baum M, Weiss M. Amino Acids. 2001;20(1): 75-82.

Effect of Malic Acid Salts on Physical Working Capacity and its Restoration After Exhausting Muscular Work. Dunaev Y, Tishkin N, Milonova N, Belay A, Makarenko S. Farmakol Toksikol (1988) May-Jun; 51(3):21-25

Warning: Consult your health care professional before use. Discontinue use if dizziness, sleeplessness, tremors, nervousness, headache, heart palpitations or tingling sensations occur. Not intended for use by persons under the age of 18. Keep out of the reach of children.



366830073

FIRST ENDURANCE
P.O. BOX 71661
SALT LAKE CITY, UTAH 84171
FIRSTENDURANCE.COM

PRERACE™

IMPROVES CARDIAC OUTPUT & MAXIMUM WORKLOAD

STIMULATES NITRIC OXIDE

INCREASES TIME TO EXHAUSTION & PERFORMANCE

PRE-EXERCISE SUPPLEMENT
NET WEIGHT: 98G (0.3LBS)



DIRECTIONS: Mix one heaping scoop into EPS or your favorite pre-exercise drink. Consume 30 to 45 minutes before exercise. Begin use with one half the recommended dose to assess your tolerance. Improper use may be hazardous to a person's health.

Supplement Facts

Serving Size: 1 scoop (4.9g)	Servings per Container: 20	
	Amount Per Serving	%DV
L-Taurine	3000 mg	*
Citrulline Malate bonded 2:1	1000 mg	*
Quercetin	350 mg	*
Neuro Stimulant Proprietary Blend: (DiMethyl Amino Ethanol, Caffeine Anhydrous†, Metabromine (Theobroma cacao, minimum 6% theobromine), Catechin (from Green Tea extract-Camellia Sinensis, minimum 80% catechins, 60% EGCG))	570 mg	*
Malic Acid (from Citrulline Malate)	250 mg	*

*Daily Value Not Established **Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: There are no added ingredients. No artificial colors, flavors or sweeteners

† Provides 200mg Caffeine.