

Promotes Sugar  
Metabolism\*

Suitable For Vegetarians  
See enclosed diet plan inside of bottle

# ORIGINAL APPLE CIDER VINEGAR DIET

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Dietary Supplement  
90 Coated Tablets



Prod. No. 36290

## ORIGINAL APPLE CIDER VINEGAR DIET

Apple Cider Vinegar Diet has been a traditional choice with health conscious individuals. Chromium helps to promote sugar metabolism while Apple Pectin is a natural soluble fiber well known for its nutritional goodness.\* Vitamin B-6 supports energy and protein metabolism.\* Gymnema Sylvestre rounds out this unique formulation by providing additional benefits. When used with the enclosed diet plan and a daily exercise program, Apple Cider Vinegar Diet puts you on track towards meeting your dietary goals!

See enclosed diet plan inside of bottle

**DIRECTIONS:** For adults, take three (3) tablets daily, preferably one after each meal. It is important to check with your health care providers before beginning any diet and exercise program.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	2 g 1%**
Dietary Fiber	<1 g 3%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1,250%
Calcium	123 mg 12%
Phosphorus	96 mg 10%
Chromium (as Chromium Amino Acid Chelate)	200 mcg 167%
Sodium	60 mg 3%
Apple Cider Vinegar	720 mg ***
Apple Pectin (fruit)	150 mg ***
Gymnema ( <i>Gymnema sylvestre</i> ) (leaf)	600 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

Contains soy ingredients.

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