Scan for product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

WARNINGS:

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EXCEED RECOMMENDED DOSE.**
- **Do not purchase if outer seal is broken or damaged.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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LifeExtension®

Low-Dose Vitamin K2

Menaquinone-7 (MK-7) 45 mcg

Promotes Arterial Health and Healthy Bones*

Dietary Supplement

90 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin K2 (as menaquinone-7) 45 mcg	56%

Other ingredients: gelatin, medium chain triglycerides, glycerin, purified water, beeswax, olive oil, carob color.

Contains tree nuts (coconut).

Manufactured for:
Quality Supplements and Vitamins, Inc.,
Ft. Lauderdale, FL 33309
info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.