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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

008

fresh leaf
PLANTAIN
CLEANSE & DETOXIFY*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Plantain Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Plantain leaf (<i>Plantago major</i> &/or <i>lanceolata</i>) ①② extract 650 mg ③	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (46-56%). **Non-GMO & Gluten-Free**

- ① Certified Organic
- ② Fresh (undried)
- ③ Extraction rate 700 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.