

Discover Nature's Answer

and trust  
the Difference...™

The True Nature of Our Standards  
go way beyond the herb...™

**WARNING: Keep Out of Reach of Children.** Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

Store in a cool, dry place.



1,000 mg

Discover Nature's Answer™

Dietary Supplement

90 Softgels

Gluten-Free

NATURE'S ANSWER

Since 1972

ADVANCED BOTANICAL FINGERPRINT TECHNOLOGY™

# Flaxseed Oil

Omega 3, 6 & 9 Fatty Acids

## Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	0.5 g	†
Organic Flaxseed Oil	1,000 mg (1 g)	†
Typical Fatty Acid Profile:		
Alpha-Linolenic Acid (Omega-3)	450 mg	†
Oleic Acid (Omega-6)	110 mg	†
Linoleic Acid (Omega-9)	110 mg	†
Other Fatty Acids	50 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerine, Natural Caramel Color, Purified Water.

**Suggested Use:** As a dietary supplement, take one (1) softgel two (2) times a day with food or water.

For product information, call (800) 439-2324.

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