

chocolate 17g protein Gluten Free

> Dairy Free

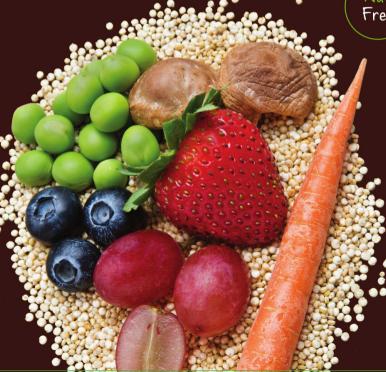
Soy Free

Nut Free

Meal Replacement Plant Protein

- Provides energy°
- Satisfies hunger
- · Non-GMO
- Vegan

Net Wt. 2.4 lb. (1.1 kg) Dietary Supplement



Supplement Facts

Serving Size 1 Scoop (39.5 g) Servings Per Container About 28

	Amount Per Serving	% Daily Value
Calories	160	
Calories from Fat	25	
Total Fat	3 g	5%†
Saturated Fat	0.5 g	3%⁺
Sodium	290 mg	12% [†]
Potassium	290 mg	8%†
Total Carbohydrate	16 g	5% [†]
Dietary Fiber	6 g	24%†
Sugars	<1 g	*
Protein	17 g	34% [†]
Vitamin A	2,580 IU	52%
Vitamin C	30 mg	50%
Calcium	245 mg	25%

Plant Protein Blend 20 g *
Pea protein isolate, organic sprouted amaranth,
organic sprouted quinoa, chlorella protein, cranberry

Plant Energy Blend 6,075 mg *
Organic oat bran, organic amaranth, organic quinoa,
organic buckwheat, organic millet, organic chia,
broccoli sprouts, watercress sprouts, kale sprouts,
mustard sprouts, cabbaae sprouts.

Amount % Daily Per Serving Value

Fiber/Antioxidant Blend 3,950 mg *
Organic acacia gum fiber, organic beet, grape seed extract, plum fruit extract, strawberry juice, noni fruit, pineapple juice, guava juice, organic apple, orange juice raspberry juice, mango juice, acai juice, cupuacu juice, camu camu fruit extract, green tea extract, watermelon juice, organic hawthorn berry extract, grape skin extract elderberry fruit, organic goji extract, bilberry extract, protease, amylase, cellulase, lactase, lipase, aurora blue® blueberry.

Plant Essential Fatty Acid Blend 1,516 mg * Flax seed oil powder, flax seed, sacha inchi seed, chia seed, hemp seed.

Digestive Blend 988 mg *
Bacillus coagulans 1 billion cfu, fructo-oligosaccharides
(inulin), alpha galactosidase, bromelain.

Fermented Whole Food Blend 50 mg *
Fermented mushroom blend (reishi, shiitake, maitake), organic fermented vegetable blend (tomato, pea, carrot, spinach, pepper), organic fermented fruit blend (cherry, banana, apple, strawberry, blueberry), organic fermented sprout blend (amaranth, quinoa, millet), organic cultured spice blend (cinnamon, allspice, clove), essential glyconutrient blend (mannose, glucose, galactose, xylose (from coffea arabica and aloe barbadensis))

†Percent Daily Values are based on a 2,000 calorie diet. *Daily Value not established.

Other Ingredients: Cocoa, natural chocolate flavors, inulin, stevia, xanthan gum, silica, leucine, isoleucine, valine, glutamine, glycine, natural vanilla flavor, natural caramel flavor, lo han guo, organic maltodextrin, organic corn starch

Does not contain: Yeast, Wheat, Gluten, Soy, Dairy, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavor

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, add one (1) scoop (39.5 g) to 8 - 12 oz of cold water. Stir, shake or blend until smooth.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

This product is sold by weight, not by volume. Contents may settle during shipping and handling.

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STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

pure living, naturally true™

Welcome to the world of plnt[™]: an array of earth-friendly herbs, supplements and whole foods. At our root, our products are made with some of earth's finest natural ingredients and whole foods. That's why we leave out the "a" in plnt, to represent the absence of artificial additives and ingredients. With no synthetic preservatives, colors, flavors or sweeteners, our supplements are formulated the way Mother Nature intended.

	Amount Per Serving	% Daily Value		Amount Per Serving	% Dail Value
Vitamin D	174 IU	44%	Pantothenic Acid	5 mg	50%
Vitamin E	15 IU	50%	lodine	74 mcg	49%
Thiamin (Vitamin B1)	640 mcg	43%	Magnesium	9 mg	2%
Riboflavin (Vitamin B2)	860 mcg	51%	Zinc	7 mg	47%
Niacin	10 mg	50%	Selenium	12 mcg	17%
Vitamin B6	850 mcg	43%	Copper	360 mcg	18%
Folic Acid (folate)	269 mcg	67%	Manganese	2 mg	100%
Vitamin B12	3 mcg	50%	Chromium	46 mcg	38%
Biotin	146 mcg	49%	Molybdenum	11 mcg	15%

L-Alanine	720 mg	L-Lysine	1260 mg
L-Arginine	1440 mg	L-Methionine	180 mg
L-Aspartic Acid	1980 mg	L-Phenylalanine	900 mg
L-Cystine	180 mg	L-Proline	720 mg
L-Glutamine	2962 mg	L-Serine	900 mg
L-Glycine	840 mg	L-Threonine	720 mg
L-Histidine	540 mg	L-Tryptophan	180 mg
L-Isoleucine	1105 mg	L-Tyrosine	720 mg
L-Leucine	1645 mg	L-Valine	1105 mg

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