



# Meal Replacement Plant Protein

- Provides energy\*
- Satisfies hunger\*
- Non-GMO
- Vegan

Net Wt. 2.4 lb. (1.1 kg)  
Dietary Supplement



chocolate  
17g protein

Gluten  
Free

Dairy  
Free

Soy  
Free

Nut  
Free

## Supplement Facts

Serving Size 1 Scoop (39.5 g)  
Servings Per Container About 28

|                    | Amount<br>Per Serving | % Daily<br>Value |
|--------------------|-----------------------|------------------|
| Calories           | 160                   |                  |
| Calories from Fat  | 25                    |                  |
| Total Fat          | 3 g                   | 5% <sup>†</sup>  |
| Saturated Fat      | 0.5 g                 | 3% <sup>†</sup>  |
| Sodium             | 290 mg                | 12% <sup>†</sup> |
| Potassium          | 290 mg                | 8% <sup>†</sup>  |
| Total Carbohydrate | 16 g                  | 5% <sup>†</sup>  |
| Dietary Fiber      | 6 g                   | 24% <sup>†</sup> |
| Sugars             | <1 g                  | *                |
| Protein            | 17 g                  | 34% <sup>†</sup> |
| Vitamin A          | 2,580 IU              | 52%              |
| Vitamin C          | 30 mg                 | 50%              |
| Calcium            | 245 mg                | 25%              |

**Plant Protein Blend** 20 g \*

Pea protein isolate, organic sprouted amaranth, organic sprouted quinoa, chlorella protein, cranberry seed protein.

**Plant Energy Blend** 6,075 mg \*

Organic oat bran, organic amaranth, organic quinoa, organic buckwheat, organic millet, organic chia, broccoli sprouts, watercress sprouts, kale sprouts, mustard sprouts, cabbage sprouts.

**Other Ingredients:** Cocoa, natural chocolate flavors, inulin, stevia, xanthan gum, silica, leucine, isoleucine, valine, glutamine, glycine, natural vanilla flavor, natural caramel flavor, lo han guo, organic maltodextrin, organic corn starch.

**Does not contain:** Yeast, Wheat, Gluten, Soy, Dairy, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, add one (1) scoop (39.5 g) to 8 - 12 oz of cold water. Stir, shake or blend until smooth.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

This product is sold by weight, not by volume. Contents may settle during shipping and handling.

AuroraBlue® is a registered trademark of Denali BioTechnologies.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Amount<br>Per Serving | % Daily<br>Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| <b>Fiber/Antioxidant Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 3,950 mg              | *                |
| Organic acacia gum fiber, organic beet, grape seed extract, plum fruit extract, strawberry juice, noni fruit, pineapple juice, guava juice, organic apple, orange juice, raspberry juice, mango juice, acai juice, cupuacu juice, camu camu fruit extract, green tea extract, watermelon juice, organic hawthorn berry extract, grape skin extract, elderberry fruit, organic goji extract, bilberry extract, protease, amylase, cellulase, lactase, lipase, aurora blue® blueberry. |                       |                  |
| <b>Plant Essential Fatty Acid Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                              | 1,516 mg              | *                |
| Flax seed oil powder, flax seed, <i>sacha inchi</i> seed, chia seed, hemp seed.                                                                                                                                                                                                                                                                                                                                                                                                      |                       |                  |
| <b>Digestive Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 988 mg                | *                |
| <i>Bacillus coagulans</i> 1 billion cfu, fructo-oligosaccharides (inulin), alpha galactosidase, bromelain.                                                                                                                                                                                                                                                                                                                                                                           |                       |                  |
| <b>Fermented Whole Food Blend</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 50 mg                 | *                |
| Fermented mushroom blend (reishi, shiitake, maitake), organic fermented vegetable blend (tomato, pea, carrot, spinach, pepper), organic fermented fruit blend (cherry, banana, apple, strawberry, blueberry), organic fermented sprout blend (amaranth, quinoa, millet), organic cultured spice blend (cinnamon, allspice, clove), essential glyconutrient blend (mannose, glucose, galactose, xylose (from <i>coffea arabica</i> and aloe barbadensis))                             |                       |                  |

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

pure living, naturally true™

Welcome to the world of plnt™: an array of earth-friendly herbs, supplements and whole foods. At our root, our products are made with some of earth's finest natural ingredients and whole foods. That's why we leave out the "a" in plnt, to represent the absence of artificial additives and ingredients. With no synthetic preservatives, colors, flavors or sweeteners, our supplements are formulated the way Mother Nature intended.

| TYPICAL VITAMIN & MINERAL PROFILE PER 39.5 g OF POWDER |                       |                  |                  |                       |                  |
|--------------------------------------------------------|-----------------------|------------------|------------------|-----------------------|------------------|
|                                                        | Amount<br>Per Serving | % Daily<br>Value |                  | Amount<br>Per Serving | % Daily<br>Value |
| Vitamin D                                              | 174 IU                | 44%              | Pantothenic Acid | 5 mg                  | 50%              |
| Vitamin E                                              | 15 IU                 | 50%              | Iodine           | 74 mcg                | 49%              |
| Thiamin (Vitamin B1)                                   | 640 mcg               | 43%              | Magnesium        | 9 mg                  | 2%               |
| Riboflavin (Vitamin B2)                                | 860 mcg               | 51%              | Zinc             | 7 mg                  | 47%              |
| Niacin                                                 | 10 mg                 | 50%              | Selenium         | 12 mcg                | 17%              |
| Vitamin B6                                             | 850 mcg               | 43%              | Copper           | 360 mcg               | 18%              |
| Folic Acid (folate)                                    | 269 mcg               | 67%              | Manganese        | 2 mg                  | 100%             |
| Vitamin B12                                            | 3 mcg                 | 50%              | Chromium         | 46 mcg                | 38%              |
| Biotin                                                 | 146 mcg               | 49%              | Molybdenum       | 11 mcg                | 15%              |

| TYPICAL AMINO ACID PROFILE PER 39.5 g OF POWDER |         |                 |         |
|-------------------------------------------------|---------|-----------------|---------|
| L-Alanine                                       | 720 mg  | L-Lysine        | 1260 mg |
| L-Arginine                                      | 1440 mg | L-Methionine    | 180 mg  |
| L-Aspartic Acid                                 | 1980 mg | L-Phenylalanine | 900 mg  |
| L-Cystine                                       | 180 mg  | L-Proline       | 720 mg  |
| L-Glutamine                                     | 2962 mg | L-Serine        | 900 mg  |
| L-Glycine                                       | 840 mg  | L-Threonine     | 720 mg  |
| L-Histidine                                     | 540 mg  | L-Tryptophan    | 180 mg  |
| L-Isoleucine                                    | 1105 mg | L-Tyrosine      | 720 mg  |
| L-Leucine                                       | 1645 mg | L-Valine        | 1105 mg |

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