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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) softgel daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

Tocomin® is a registered trademark of Carotech, Inc.; protected by U.S. Patent # 5,157,132.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00781E

LifeExtension®

Tocotrienols with Sesame Lignans



Vitamin E Complex For Heart Health

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as α -tocopherol)	28.7 IU	96%
Tocomin® Full-Spectrum Natural Tocotrienol/Tocopherol Complex	192 mg	**
Sesame seed lignan extract	20 mg	**

**Daily Value not established.

Other ingredients: gelatin, glycerin, beeswax, purified water, sunflower lecithin, rosemary extract.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
info@lifeextension.com • www.lef.org

To report a serious adverse event or
obtain product information, contact 1-866-280-2852.

Typical Tocotrienol/Tocopherol Distribution (mg):
Gamma tocotrienol: 38.4 - 46.08, Alpha tocotrienol: 21.12 - 26.88,
Delta tocotrienol: 10.56 - 13.44, Beta tocotrienol: 2.88,
Alpha tocopherol: 19.2 - 26.88

No artificial color has been added to these softgels. Natural separation of active ingredients may occur. Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil.