

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00759K

LifeExtension®

Gamma E Tocopherol with Sesame Lignans



Enhanced, Natural Form of Vitamin E

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Gamma E Mixed Tocopherols [^]	359 mg	**
Sesame seed lignan extract	20 mg	**

**Daily Value not established.

Other ingredients: gelatin, glycerin, purified water, silica, sunflower lecithin, carob color, rosemary extract.

Contains soybeans.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

[^]Typical Mixed Tocopherols profile (mg):
Gamma tocopherol: 197.45 - 269.25, Delta tocopherol:
71.8 - 107.7, Alpha tocopherol: 30.52 - 43.08, Beta
tocopherol: <17.95