CODE 328311

CMG

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men®

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Proprietary Amino Acid Blend L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	100 mg	*
Superfoods Fruit and Vegetable Blend Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pumace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	105 mg	*
alpha-Lipoic Acid	25 mg	*
Green Tea Leaf Extract (*Camellia sinensis*)	40 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

ACTUAL SIZE

Double Strength Fish Oil

Supplement Facts

Serving Size One Light Yellow Softgel Capsule

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
EPA (Eicosapentaenoic Acid)(Omega-3)	360 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	240 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Natural Lemon Flavor, Vitamin E, Rosemary Leaves Extract (*Rosmarinus officinalis*).

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury, cadmium, lead and PCBs.

Potency verified by GNC procedure #5123.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Staminol™

Supplement Facts

Serving Size Two Brown Filled Capsules

Amount Per Serving		
Proprietary Blend L-Arginine, Epimedium Extract, Maca Powder (*Lepidium meyenii*)	200 mg	*
Kola Nut (*Kola nitida*)	175 mg	*
Oat Straw Stems (*Avena sativa*)	150 mg	*
GABA (gamma-Aminobutyric Acid)	100 mg	*
Nettle Leaf (*Urtica dioica*)	100 mg	*
Yohimbe Bark Extract (*Pausinystalia yohimba*)	60 mg	*
Horny Goat Weed (*Epimedium sagittatum*)	20 mg	*
Catuaba Bark (*Erythroxylum catuaba*)	10 mg	*
Muira Root (*Ptychopetalum olacoides*)	10 mg	*
Damiana Leaf (*Turnera aphrodisiaca*)	10 mg	*
Saw Palmetto Berry (*Serenoa repens*)	10 mg	*

* Daily Value not established.

Other Ingredients: Gelatin, Dicalcium Phosphate.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Lutemax™ 2020 LUTEIN & ZEAXANTHIN

Lutemax 2020™ is a trademark of OmniActive Health Technologies.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

†Compared to leading brands.

No Artificial Colors, No Wheat, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Prostate Formula

Supplement Facts

Serving Size One Brown Softgel Capsule

Amount Per Serving		
Saw Palmetto Berries Extract (*Serenoa repens*)	320 mg	*
beta-Sitosterols	160 mg	*
Pygeum Bark Extract (*Pygeum africanum*)	100 mg	*
Lycopene	5 mg	*

* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Caramel Color.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

L-Arginine

Supplement Facts

Serving Size Two White Capsules

Amount Per Serving		
L-Arginine	1000 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Titanium Dioxide (Natural Mineral Whitener).
Potency verified by GNC procedure #5115.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

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GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

2X MORE D-3†

GNC

MEGA MEN®

Performance & Vitality

Dietary Supplement

VITAPAK® PROGRAM
FOR AN ACTIVE LIFESTYLE

- Clinically studied multivitamin^ with 1,600 IU of vitamin D-3
- Supports prostate health*
- Promotes heart health with omega-3's*
- Maintains prostate health*
- Supports sexual health with arginine and herbal blend*

30 PACKS

CLINICALLY STUDIED^

Performance

Dr. Frank J. Costa, M.D., an internationally acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

"Mega Men® Performance & Vitality Vitapak® Program has key ingredients you need to support heart health, prostate function and virility plus a healthy balance of vitamins and minerals for overall wellness."

MEGA MEN® PERFORMANCE & VITALITY

GNC Mega Men® Performance & Vitality Vitapak® Program conveniently combines nutrients and special ingredients designed to support men's cardiovascular, prostate health and virility.*

- **Mega Men® –** Our premium timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Mega Men® contains 1,600 IU of vitamin D-3 for colon health and immune support, as well as B-vitamins that are important for cardiovascular health and energy production.* It is enhanced with a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*
- **Double Strength Fish Oil –** Features 600 mg of omega-3 fatty acids, 360 mg of EPA and 240 mg of DHA. The omega-3 fatty acids found in fish oil are necessary for heart, joint and eye health.* They help maintain healthy cholesterol levels and are necessary in the maintenance of normal blood pressure.*
- **Prostate Formula –** Combines standardized saw palmetto, lycopene and beta-sitosterols for support of normal prostate function and a healthy urinary flow.* It also supports reproductive health with zinc.*
- **Staminol™ –** A powerful blend of exotic herbs including horny goat weed, maca, nettle and yohimbe to help support sexual health.*
- **L-Arginine –** Contains 1,000 mg of the amino acid, L-arginine, which boosts nitric oxide, helps maintain blood vessel tone and plays a role in sexual health.*

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.