

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **1603**  
**www.vitaminworld.com**  
**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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**VITAMIN WORLD**  
*get healthy.*

**Gentle  
on your  
Stomach**

# Gentle Iron<sup>®</sup>

## Iron Glycinate

### 28 mg

**Promotes Red Blood Cell Production\***

Dietary Supplement

**90**  
Rapid Release  
CAPSULES

**DIRECTIONS:** For adults, take one (1) capsule daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	133%
Iron (as Ferrous Bis-Glycinate)	28 mg	156%

**Other Ingredients:** Vegetable Cellulose, Gelatin, Contains <2% of: Silica, Vegetable Magnesium Stearate.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.