

Dietary fiber is usually supplied by the consumption of various fruits, vegetables, seeds, legumes, and other plant based foods. Fiber is essential for a healthy digestive system.*** Most people do not consume the daily recommended dietary intake of fiber. This liquid fiber formula offers a convenient and delicious way to reach over 50% of your daily requirements in just one serving.

See container for "Lot No." and "Best By" date.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



YES GLUTEN-FREE
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
NO YEAST, WHEAT OR CORN
NO MILK OR SOY
NO ARTIFICIAL FLAVORS
NO ARTIFICIAL SWEETENERS

08D14NF



FIBER X

Gluten-Free

- Essential for digestive health and function***
- May help control appetite***
- 14 g fiber per serving

DELICIOUS ORANGE
FLAVOR

IMPROVED
FLAVOR

Dietary Supplement
16 FL. OZ. (1 PINT) (473 mL)

LIQUID

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults, take one cap (1 fl. oz.)(30 mL) daily or as directed by a health care professional. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 fl. oz. (30 mL)
Servings Per Container 16

Amount Per Serving		% Daily Value
Calories	60	
Total Carbohydrate	15 g	5%*
Dietary Fiber	14 g	56%*
Sugars	<1 g	**
Aloe Vera (Inner Fillet)(leaf)	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Purified water, chicory root fiber (inulin), organic acacia, white grape concentrate, apple juice concentrate, natural orange flavor, natural flavors, annatto color, apple pectin, sodium benzoate (preservative), potassium sorbate (preservative).

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children. Shake well before use. Refrigerate after opening. If not refrigerated, use within 45 days. Not recommended for children under 2 years of age. Take only as directed.

Manufactured for Country Life, LLC
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PRODUCT OF USA